

Leonidas Panos holds dual citizenship (Greek and Swiss). He is a Consultant Neurologist and Assistant Professor of Neurology at the Faculty of Medicine, Democritus University of Thrace. He graduated from the Aristotle University of Thessaloniki Medical School with honors (Excellent).

He completed his neurology training in Germany (Stuttgart and Darmstadt Hospitals) and subsequently at the University Hospital of Bern, where he also worked as a consultant neurologist for a total of ten (10) years. He served for one year as Deputy Head of the Headache Clinic and as Triage Supervisor at the Neurological Rehabilitation Center of the University Hospital of Bern. He also served as a consultant neurologist at the Neurology Department of Biel Hospital for one year. He was actively involved in the education of undergraduate medical students and neurology residents at the University Hospital of Bern, as well as in the supervision of doctoral dissertations.

In 2024, he served as a Visiting Lecturer in Neurology at the University of Cyprus for a period of six (6) months.

He is trained and certified by the Swiss Society of Neurophysiology, following formal examinations, in transcranial and extracranial cerebrovascular ultrasound of the head and neck, electroencephalography, and electroneuromyography, and has completed specialized training programs in nerve and muscle ultrasound.

He holds a PhD from the University of Bern. He worked for one year as a physician–researcher in cerebrovascular disease research at the Neurology Department of the University Hospital of Bern. In addition, he has worked in stroke units as both a neurology resident and a consultant neurologist in Germany and Switzerland and has completed fellowship training in both neuroimmunology and epilepsy.

He has authored numerous scientific publications and has actively participated in large multicenter studies.

H-index (Google Scholar): 28 | i10-index: 34 | Citations: 9,706 (13 January 2026)