

Paschalis Steiropoulos

Professor in Pulmonology

Head of the Department of Respiratory Medicine

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🌐 [ResearchGate profile](https://www.researchgate.net/profile/Paschalis_Steiropoulos): https://www.researchgate.net/profile/Paschalis_Steiropoulos

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RESEARCH INTERESTS

1. Non-Invasive Ventilation; 2. Sleep Medicine/Sleep Disorders; 3. COPD; 4. Bronchial Asthma; 5. Interstitial Lung Diseases

EDUCATION – TRAINING

- 1996** Medical Degree, Democritus University of Thrace (DUTH) Medical School, Alexandroupolis, Greece
- 2005** Medical Specialty Certification in Pulmonology (Ministry of Health, Regional Department of Thessaloniki, Greece)
- 2007** PhD Dissertation: 'Effect of nCPAP therapy on cardiovascular risk factors in Obstructive Sleep Apnea Patients'
- 2007-2008** Clinical Fellow, Respiratory Division, University Hospital of Brussels, Vrije Universiteit Brussel, Belgium
- 2018-2019** Sabbatical Leave - Training in Sleep Medicine. Sleep Clinic, Sleep Disorder Center, Vita-Salute San Raffaele University, Milan, Italy

TEACHING

Undergraduate medical students: Pulmonology, Pathophysiology

Undergraduate nursing students: Pulmonology

Postgraduate students – PhD candidates:

- Director of the MSc Program "Sleep Medicine"
- Participation in teaching in 7 MSc programs in the Department of Medicine, Democritus University of Thrace, and in 1 MSc program in the Medical School of the National and Kapodistrian University of Athens
- Supervision of 8 doctoral theses (2 completed) and 80 master's dissertations (55 completed)
- Participation in three-member advisory committees of doctoral theses (5 in progress – 3 completed)
- Member of seven-member examination committees in 8 doctoral theses
- Member of three-member examination committees in 40 master's dissertations (28 completed)

RESEARCH AND SCHOLARLY ACTIVITY

- 322 publications indexed in PubMed
- 337 publications indexed in Scopus
- Citations: 18,909 (Scopus), 21,247 (Google Scholar)
- h-index: 48 (Scopus), 57 (Google Scholar)
- Editor of three medical textbooks in Pulmonology and Sleep Medicine
- Author of 20 book chapters in Greek and English medical textbooks
- Invited speaker at national and international conferences, with over 400 lectures delivered
- Recipient of 5 research fellowships and 28 awards/distinctions for scientific work
- Member of research teams in competitively funded national and European projects (including ESPA and HORIZON programs)
- Editorial Board Member of 8 peer-reviewed medical journals
- Reviewer for numerous international medical and scientific journals

CLINICAL EXPERIENCE

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| March 2020-today | Head of the Department of Pulmonology, Medical School Democritus University of Thrace, Greece |
| 2023-today | Professor (Academic + Clinical), Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2019-2023 | Associate Professor (Academic + Clinical), Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2014-2019 | Assistant Professor (Academic + Clinical), Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2011-2014 | Senior Lecturer (Academic + Clinical), Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |
| 2005-2007 and 2008-2011 | Consultant, Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece |

ADMINISTRATIVE DUTIES

- Director of the Postgraduate Program “Sleep Medicine,” Department of Medicine, School of Health Sciences, Democritus University of Thrace
- Vice Chair of the Department of Nursing, School of Health Sciences, Democritus University of Thrace (Senate Decision 3/109/5-4-2024) (2024–present)
- Alternate Member of the Board of Directors of the University General Hospital of Alexandroupolis
- Vice President of the Hellenic Sleep Society
- President of the Foundation for Research in Respiratory Diseases and Sleep Disorders
- Member of the Sleep Working Group of the Educational Council of the European Respiratory Society (2019–present)
- Alternate member of the examination committee for the specialty of Pulmonology
- Coordinator of the COPD Working Group (2024–present) and of the Sleep Disorders Working Group of the Hellenic Thoracic Society (2014–2020)
- Member of the Guidelines Working Group of the European Respiratory Society (2014–2017)
- Member of the Management Committee of EU COST Actions: CA18218 – European Burden of Disease Network; B26 – Obstructive Sleep Apnea Syndrome; B29 – Chronic Obstructive Pulmonary Disease (COPD); and Alternate Member of the Management Committee of COST Action CA16125 – European Translational Research Network for Interstitial Lung Diseases
- Member of the Sleep Apnea Network / European Sleep Apnea Database (ESADA)
- Member of the Executive Committee on Sleep Laboratories and Sleep Units, Hellenic Ministry of Health (2015–2016)
- President of the Organizing Committee of 1 international scientific conference and 5 national scientific conferences, and member of the Organizing Committee of 12 national and international scientific conferences
- Member of 24 scientific societies