

SHORT CURRICULUM VITAE



EVANTHIA GOUVERI

ASSISTANT PROFESSOR OF INTERNAL MEDICINE - METABOLIC DISEASES

Evanthia Gouveri was born and raised in Athens, where she studied and graduated from the Medical School of the National and Kapodistrian University of Athens.

She served as a rural doctor at the Krokos Peripheral Health Center of the Servia Health Center in the Kozani region (2003).

She specialized in Internal Medicine after training at the General Hospital of Athens Korgialeneio-Benaikio, Hellenic Red Cross in Athens (2011).

She earned a Master's degree (MSc) in "Health Unit Management" from the Hellenic Open University (2014).

She completed her doctoral thesis (PhD) at the 2nd Department of Internal Medicine at the Democritus University of Thrace (2015).

She worked in Germany starting in 2013, specializing in Diabetology at the Diabetes Department of Herz und Diabeteszentrum NRW in Bad Oeynhausen at Bochum University, and obtained a certificate in Diabetology after exams from the Medical Association of Westfalen-Lippe (2017) and the German Diabetes Society (Deutsche Diabetes Gesellschaft, DDG) (2017).

Following her specialization, she worked at the 2nd Department of Internal Medicine - Gastroenterology, Hepatology, Endocrinology, Diabetology, and Infectiology at Fulda Hospital, Campus Fulda, University of Marburg (2017), and later at the Diabetes Center Dr. Tews in Gelnhausen, an academic clinic of Johann Wolfgang Goethe University in Frankfurt (2018–January 2023).

In July 2022, she was elected Assistant Professor of Internal Medicine - Metabolic Diseases at Democritus University of Thrace (DUTH), with an appointment at the 2nd Department of Internal Medicine of the University General Hospital of Alexandroupolis since February 2023.

She obtained international certification as an expert in obesity from the Strategic Centre for Obesity Professional Education (SCOPE) from the World Obesity Federation (2025).

She has participated as a researcher in 13 multicenter studies.

She has taken part in numerous Greek and international conferences, presenting research and receiving awards for 8 of her works. She has 43 publications in peer-reviewed international medical journals, as well as publications in Greek journals. She has contributed to the writing of 15 Greek and foreign language medical books.

As an invited speaker, she has given many lectures at Greek conferences and webinars and is a reviewer for 25 international medical journals.

She is a member of 8 scientific societies (Greek and European).

She speaks German, English, and French.