

Brief Curriculum Vitae

First name: Charalampos
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Position: Associate Professor of Rheumatology
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Dr Charalampos Papagoras has graduated from the Department of Medicine, Aristotle University of Thessaloniki. Subsequently, he specialized in Rheumatology at the University Hospital of Ioannina, while at the same time he worked on his thesis at the Medical School, University of Ioannina. In 2018 he was elected Assistant Professor of Rheumatology at the Department of Medicine, Democritus University of Thrace and in 2023 he was elected Associate Professor. Since 2018 he also serves as a physician in the First Department of Internal Medicine at the University Hospital of Alexandroupolis.

The subject of his thesis was "*Seronegative Spondyloarthropathies and Cardiovascular Risk*". Inflammatory arthritides and autoinflammatory syndromes remain his main research interest, which particularly focuses on the mechanisms of interaction between neutrophils and mesenchymal cells, such as osteoblast differentiation and synovial fibroblast function. Moreover, he has participated in several investigator-initiated and industry-sponsored observational and interventional clinical studies as primary investigator, subinvestigator and medical monitor. Among them, he is the leading investigator in the Prospective Multicenter Registries of Axial Spondyloarthritis and Psoriatic Arthritis in Greece and he has organized and coordinated the Greek Registry of COVID19 in patients with rheumatic diseases.

His teaching work consists of training medical students and residents in Internal Medicine and Rheumatology. He also teaches Rheumatology-related topics in several Post-Graduate Study Programs. Concerning clinical work at the University Hospital of Alexandroupolis, which is the only tertiary referral center in the region of East Macedonia and Thrace, he provides medical care to a large cohort of patients across the whole spectrum of rheumatic diseases, while he also participates in the broader clinical work of the Internal Medicine Clinic.

He is a member of the Greek Rheumatology Society and has served in the Board of Directors as the Special Secretary for the 2019-2020 term. He is assistant editor in the Mediterranean Journal of Rheumatology and is a reviewer for several scientific journals.

Up to date he has published 68 papers in international peer-reviewed journals (which you may find [here](#)) with more than 2600 citations. He has also participated with more than 40 abstracts in international congresses and symposia and given more than 180 lectures in scientific meetings and training courses.

Selected Publications

1. **Papagoras C**, Chrysanthopoulou A, Mitsios A, Ntinopoulou M, Tsironidou V, Batsali AK, Papadaki HA, Skendros P, Ritis K. IL-17A expressed on neutrophil extracellular traps promotes mesenchymal stem cell differentiation towards bone-forming cells in ankylosing spondylitis. *Eur J Immunol*. 2021 Apr;51(4):930-942.
2. **Papagoras C**, Lampropoulou V, Mavraki E, Chrysanthopoulou A, Deftereos S, Aróstegui JI, Skendros P, Ritis K. Multiple sclerosis in a patient with cryopyrin-associated autoinflammatory syndrome: Evidence that autoinflammation is the common link. *Clin Immunol*. 2021 Jun;227:108750.
3. **Papagoras C**, Fragoulis GE, Zioga N, Simopoulou T, Deftereou K, Kalavri E, Zampeli E, Gerolymatou N, Kataxaki E, Melissaropoulos K, Panopoulos S, Fragiadaki K, Evangelatos G, Bournia VK, Arida A, Karamanakis A, Pappa M, Panagiotopoulos A, Koutsianas C, Mparouta G, Dimitroulas T, Liossis SN, Tektonidou MG, Kravvariti E, Kougkas N, Georgiou P, Voulgari P, Elezoglou A, Bogdanos DP, Vassilopoulos D, Sfrikakis PP. Better outcomes of COVID-19 in vaccinated compared to unvaccinated patients with systemic rheumatic diseases. *Ann Rheum Dis*. 2022 Jul;81(7):1013-1016.
4. **Papagoras C**, Tsiami S, Chrysanthopoulou A, Mitroulis I, Baraliakos X. Serum granulocyte-macrophage colony-stimulating factor (GM-CSF) is increased in patients with active radiographic axial spondyloarthritis and persists despite anti-TNF treatment. *Arthritis Res & Ther*. 2022;24:195.
5. **Papagoras C**, Zioga N, Papadopoulos V, Gerolymatou N, Kalavri E, Bounos C, Simopoulou T, Fragoulis GE, Panopoulos S, Fragiadaki K, Evangelatos G, Bournia VK, Arida A, Karamanakis A, Pappa M, Kravvariti E, Deftereou K, Kougkas N, Zampeli E, Kataxaki E, Melissaropoulos K, Barouta G, Panagiotopoulos A, Koutsianas C, Liossis SN, Georgiou P, Dimitroulas T, Tektonidou MG, Bogdanos DP, Elezoglou A, Voulgari PV, Sfrikakis PP, Vassilopoulos D. Omicron variant dominance and anti-SARS-CoV-2 vaccination are key determinants for a milder course of COVID-19 in patients with systemic autoimmune rheumatic diseases. *Clin Rheumatol*. 2023 Dec;42(12):3375-3385.
6. Fragoulis GE, **Papagoras C**, Gazi S, Mole E, Krikelis M, Voulgari PV, Kaltsonoudis E, Koletsos N, Katsimpri P, Boumpas D, Katsifis D, Kougkas N, Dimitroulas T, Sfrikakis PP, Tektonidou MG, Gialouri C, Bogdanos DP, Simopoulou T, Koutsianas C, Mavrea E, Katsifis G, Kottas K, Konsta M, Tziifalia M, Kataxaki E, Kalavri E, Klavdianou K, Grika EP, Sfontouris C, Daoussis D, Iliopoulos G, Bournazos I, Karokis D, Georganas K, Patrikos D, Vassilopoulos D. Disease Profile and Achievement of Therapeutic Goals in a Modern, Nationwide Cohort of 923 Patients with Psoriatic Arthritis. *Mediterr J Rheumatol*. 2023 Dec 30;34(4):418-426.
7. Antoniadou C, Fytanidis N, Devetzi V, Kantartzi K, **Papagoras C**. Anakinra for Refractory Pseudogout in Patients with End-stage Renal Disease on Haemodialysis. *Mediterr J Rheumatol*. 2024 Mar 30;35(Suppl 1):58-62.

8. Vassilakis KD, **Papagoras C**, Fytanidis N, Gazi S, Mole E, Krikelis M, Voulgari PV, Kaltsonoudis E, Koletsos N, Boumpas D, Katsimpri P, Katsifis-Nezis D, Dimitroulas T, Kougkas N, Boutel M, Sfikakis PP, Tektonidou MG, Gialouri C, Bogdanos D, Simopoulou T, Koutsianas C, Mavrea E, Katsifis G, Kottas K, Konsta M, Tziafalia M, Kataxaki E, Kalavri E, Klavdianou K, Grika EP, Sfontouris C, Daoussis D, Iliopoulos G, Bournazos I, Karokis D, Georganas K, Patrikos D, Vassilopoulos D, Fragoulis GE. Identification and characteristics of patients with potential difficult-to-treat psoriatic arthritis: exploratory analyses of the Greek PsA registry. *Rheumatology (Oxford)*. 2024 Sep 1;63(9):2427-2432.
9. **Papagoras C**, Fragoulis GE, Fytanidis N, Krikelis M, Mole E, Gazi S, Skepastianos V, Kougkas N, Dimitroulas T, Koletsos N, Kaltsonoudis E, Voulgari PV, Karamanakis A, Pappa M, Tektonidou MG, Sfikakis PP, Klavdianou K, Kalavri E, Kottas K, Katsifis G, Konsta M, Grika EP, Sfontouris C, Mavrea E, Koutsianas C, Kataxaki E, Sampatakaki E, Zoupidou K, Katsimpri P, Iliopoulos A, Iliopoulos G, Daoussis D, Bournazos I, Karokis D, Patrikos D, Vassilopoulos D. Disease characteristics, comorbidities and treatment response in a contemporary axial spondyloarthritis cohort: Analysis of 717 patients from the Greek AxSpA registry. *Semin Arthritis Rheum*. 2025; 71: 152645.
10. Vassilakis KD, **Papagoras C**, Gazi S, Mole E, Krikelis M, Voulgari PV, Kaltsonoudis E, Koletsos N, Katsimpri P, Boumpas D, Katsifis-Nezis D, Kougkas N, Boutel M, Dimitroulas T, Sfikakis PP, Tektonidou MG, Galani A, Michalakeas N, Bogdanos DP, Simopoulou T, Koutsianas C, Mavrea E, Katsifis G, Kottas K, Konsta M, Kataxaki E, Kalavri E, Klavdianou K, Sfontouris C, Daoussis D, Iliopoulos G, Bournazos I, Karokis D, Georganas C, Patrikos D, Vassilopoulos D, Fragoulis GE. Identification and characteristics of patients with axial psoriatic arthritis: clinical, phenotypic, and imaging associations. *Rheumatology (Oxford)*. 2025 Aug 1;64(8):4539-4545.