

Department of Neurology, Democritus University of Thrace (D.U.TH), Medical School
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Medical license: number 30747/ 18-1-1993/Prefecture of Athens

Diplomas / licences / post-graduate education

- Medical Diploma, MD, Aristotle University of Thessaloniki 1992
- Diploma of Military School of Medicine (School of Armed Corps, SSAS, Thessaloniki) 1992
- Diploma of Applied Military Medicine and the Army School of Special Forces, Athens 1993
- Board Certified in Neurology, Thessaloniki 2000
- PhD title, Medical School, Aristotle University of Thessaloniki, 2003
- Diploma of training in the Management of Health Services - National Centre for Public Administration – Training Institute (Athens 2002)
- Certified in Neuro-Sonography by the Central National Committee of Health, Ministry of Health 2003
- Diploma of Applied Military Medicine II 2003
- Visiting scholar (Stroke & Neurovascular Center, Henry Ford Hospital, Michigan (2007)
- Fellowship in Neuroimaging - Computational MRI, University Hospital of Zurich (2010)

Good Clinical Practice (GCP) certification

- More recent certification: THE GLOBAL HEALTH NETWORK - ICH Good Clinical Practice E6 (R2) 100/100 (14/05/2025)

Current appointments

- Professor of Neurology, Department of Neurology, School of Medicine, D.U.TH. (2017 -
- Chairman of the School of Medicine, Democritus University of Thrace (2022-
- Director of Clinical Neurophysiology Laboratory - Medical School D.U.TH. (2018-
- Scientific Director of Postgraduate Program “Stroke” Department of Medicine, D.U.TH. (2015-
- Member of the Steering Committee of the Postgraduate Program “Neuroimmunology” of the Departments of Medicine of Aristotle University of Thessaloniki and D.U.TH.

Previous appointments

- Associate Professor (2013-2017), Assistant Professor (2009-2013), Lecturer in Neurology (2004-2009), Department of Neurology, University Hospital of Alexandroupolis
- Consultant Neurologist - Department of Neurology, General Army Hospital of Thessaloniki (2002-2004)
- Director-Neurologist, Department of Neurology, General Army Hospital of Alexandroupolis (2000-2002)
- Medical Residency: 2d department of Neurology – Aristotle University of Thessaloniki, General Army Hospital (1995-1999), Medical and Health Administration Positions as Military Doctor – participation in multinational training programs in Germany and Greece (1993-1995)

Teaching / Educational duties

–graduate (medical students)

- Participation in the educational program in Neurology for students of the 4th year) /Medical School D.U.TH
- Participation in the educational program in Neurology for students of the 6th year)/Medical School D.U.TH

- postgraduate programs & PhDs

- Scientific Director of the post-graduate/master program “Stroke” of the Medical School – D.U.TH
- Teaching duties 6 post-graduate/master programs (Stroke, Social psychiatry, Clinical pharmacology, Health & Safety at work, Sleep Medicine, Primary health care)
- Principal supervisor on 9 PhDs
- Member of the advisory committees and evaluation committee in 35 PhDs
- Principal supervisor and member of the advisory committees in 110 master diploma studies.
- Supervisor in 6 post-doc researches

Publications

Full article papers publications in international journals

160 (SCOPUS)/ **154** (PUBMED) published article, **765** total Impact Factor

3149 (Scopus) citations , **5215** (Google scholar) citations

h index= **33** (Scopus) **42** (Google scholar), **+58** published abstracts in international journals with reviewers IF= 175 * SCOPUS/ Copyright © 2017.

Books : 2 (supervision in the translation in Greek of International editions)

Books Chapters: 6 chapters

Publications in Greek journals – oral and poster presentations in Greek journals

48 publications in Greek Scientific Journals, **82** oral and poster presentations in International Conferences , **110** oral and poster presentations in national Conferences, **>160** participations as invited speaker / chair in National and International Conferences

Journal Editor

2013-2021 Editor of “Neurologia” the official journal of the Hellenic Neurological Society, Hellenic National Journal Database Indexed (printed and open access edition)

Editorial Board/ Reviewer

Editorial Board: Journal of Neuroimaging (2015-2019), Reviewer in 12 International Journals (Pubmed indexed) / 2019-2022, 2025 abstract reviewer International Stroke Conferences

Participation in Research European, International & multicenter operational programs & clinical trials

- Principal investigator: Study of the interrelationships between neuro-imaging, neurophysiological and biomechanical biomarkers in stroke rehabilitation (NEURO-BIO-STROKE project) -(MIS) 5047286 – Operational Program “Competitiveness-Entrepreneurship-Innovation” Secretariat ERDF & CF Programmes EPANEK (budget : 2.995.480 Euros)
- Scientific Supervisor in the approved project in the National Strategic Reference Framework 2014-2020 “DEMENTIA DAY-CARE CENTER ALEXANDROUPOLIS” (MIS 50376050) (budget: 589.244 Euros/2 years)
- P.I. in the awarded “NEDAFISP” Project (in collaboration with the Department of Cardiology, Democritus University of Thrace)- “1Million 1Misson campaign” awarded project (budget: 50000Euros)
- Participation in program of Ministry of Education "EDUCATION TEACHERS PARENTS OF CHILDREN WITH DISABILITIES –Aristotle University of Thessaloniki-Democritus University of Thrace, FP7-2008
- Principal site-investigator in > 10 multicenter clinical trials II/III (3 in progress), Sub-investigator in > 10 clinical trials , 18 projects in Special Account for Research Funds D.U.TH, 8 in progress

Committees

Committees & Member of Board of Directors of Scientific Organizations

2013-2017 President of the Hellenic Neurological Society (www.enee.gr)

2016-2022 President of the Board of Directors of the Hellenic Stroke Society (Greek Society of Cerebrovascular Diseases- www.cerebrovascular.gr)

- 2021- Vice President of the Board Of Directors of the Hellenic Neurological Society (www.enee.gr)

- 2022- Vice President of the Board of Directors of the Hellenic Society of Cerebrovascular Diseases

- 2018- Gen Secretary of the Board Of Directors of the Hellenic Alliance Action for Stroke sso

- 2011-2013 & 2017-2021 Gen Secretary of the Board of Directors of the Hellenic Neurological Society

- 2015-2017 National representative in EAN scientific subpanel stroke

- 2014-2022 National Representative in Stroke Alliance for Europe Gen Assembly

Organizing committees of scientific events and congresses

President or member of the organizing committee in > 50 congresses, and scientific seminars, workshops, schools and webinars

National Committees / University, Hospital and Regional Committees

(selected)

2019- National Committee for the Examinations in Neurosonology certification (dep. member)

2020- Member of the Special Committee “Stroke Experts Committee” of the Hellenic Ministry of Health

2017- Member of the Regional (Eastern Macedonia and Thrace) Health Committee for Neurological and Psychiatric Diseases

2014-2019 Member of the Regional Board Committee (Eastern Macedonia and Thrace) for the Certification in the Specialty of Neurology
2015-2018 Member of the Ethics Committee of the Democritus University of Thrace
2014-5. Member of the special committee for the organization of International Congresses in Greece of the Hellenic Organization of Medications
2013-2015- Evros Prefecture health committee for the evaluation of the driving licenses
2019-2020 Member of the Committee for the Evaluation of standing National and International invitations for supplies of the University Hospital of Alexandroupolis.

Awards

2015 Third prize AHA/ASA –STROKE - Stroke progress and innovation awards as co-author in Early Recurrence and Cerebral Bleeding in Patients With Acute Ischemic Stroke and Atrial Fibrillation: Effect of Anticoagulation and Its Timing: The RAF Study.
2011 PARIS. EUROPEAN SOCIETY OF CARDIOLOGY CONGRESS. ONE MISSION ONE MILLION AWARD (2d Prize category, 50000E). For the proposal: NEDAFISP – (NETWORK FOR EARLY IDENTIFICATION OF ATRIAL FIBRILLATION AND STROKE PREVENTION IN NORTH EASTERN GREECE) - In cooperation with the cardiology department (prof S Konstantinidis)
2008 Best presentation award. As first author. National Hellenic Neurological Conference. Chania, 1-3 Mai 8
2007 Best presentation award as co-author. 3d National Epilepsy Congress. 9-11 November 2007
2006 Best presentation award as co-author. 20th National Neurological Conference. 16-19 March 2006

Actions in the Community

2012-2019: Organization of “Memory Schools” (support groups for demented people and their caregivers, special training – cognitive tasks for dementia in an organized room in the center of the city with easy access)
2021- Participation in the activities of the Dementia Day Care Center of Alexandroupolis , approved project in the National Strategic Reference Framework 2014-2020 titled
2010- : Organization of Informative events for prevention and management, participation in the organization of special events during the World Stroke Day (Athens 2010, Drama 2015, Thessaloniki 2016,2018, Alexandroupolis 2019, Thessaloniki 2020, 2021)
2015- Participation in actions of the Hellenic Alliance/Action for Stroke and Stroke Alliance for Europe (Rome 2015, Warsaw 2015, Athens 2016, Thessaloniki 2016, Berlin 2018)
2018-2019 Participation in educational activities of 2nd Prefecture of Evros Education (Ministry of Education) on topics concerning “Stroke”, and Dementia
2011-2016. Development of the awarded NEDAFISP project (www.cerebrovascular.gr)
2021- Supervisor of the social activities of the Dementia Center of Alexandroupolis - funded of the National Strategic Framework 2014-2020 for the region of Eastern Macedonia and Thrace
2008 Participation in the project "Education in teachers parents of children with disabilities – Aristotle University of Thessaloniki
2000-2002 Participation in the action «project for medical support in rural and minority villages in Evros Region” (Action of the General Military Hospital of Alexandroupolis)