

**CURRICULUM VITAE AND DETAILED MEMORANDUM
ANNOUNCEMENTS – PUBLICATIONS PANAGIOTIS
TSIKOURAS PROFESSOR OF OBSTETRICS-GYNECOLOGY
DUTH ALEXANDROUPOLIS DECEMBER 2024**

I was born in Didymoteicho on **02-6-1962**. I am married with two children, one male and one female. In **November 1988**, after 6 years of medical study in the Faculty of Medicine of the University of FREIBURG, Germany, I received my medical degree with a grade of "Very good".

I was awarded a **doctorate** from the Faculty of Medicine of the University of FREIBURG on **9.11.1989** with a degree (very good) cum laude. From December 1988 until December 1989 I worked as a specialist physician in Radiodiagnostic and Nuclear Medicine at the University Hospital of FREIBURG DIAKONIE-KARLSRUHE-GERMANY .

From **01.01.1990 to 31.03.1993** I worked as a registrar in Obstetrics and Gynecology at the University Obstetrics and Gynecology Clinic of the University of Göttingen.

From **01.04.1993 to 01.02.1995** completing the specialization in Obstetrics and Gynecology at the University Obstetrics and Gynecology Clinic of the University Hospital of ASCHAFFENBURG-WÜRZBURG. under the direction of Professor DR. TEICHMANN On **22.2.1995** after successful exams I received the title of **specialist Obstetrician-Gynaecologist., MUNICH**. During the time period 22/02/1995-30/08/1995 after obtaining the specialty I worked as (OBERARZT) in the Obstetrics-Gynecology clinic of the University Hospital of ASCHAFFENBURG-WÜRZBURG, Germany. During the above period, alongside my basic clinical service I worked in rotation in the Departments-Laboratories: Gynecological Oncology-Andrology-

Gynecological Urology-Mammology and Doppler-Ultrasound I served my military service from September 1996 to September 1997 in the Air Force. From 30.10.1995 to 30-12-1995 I served as a qualified assistant in the Gynecology Clinic of 251 G.N. Aviation.

Also, during my military service I worked at air force (01-01-1996 to 08-27-1996) at the Obstetrics and Gynecology Clinic of Didymoteicho Hospital as a qualified consultant. From 09-27-1996 to 11/16/1999 I worked at beginning as a seconded from KY Soufliou Agricultural Physician and then as Curator B at the University of M/G clinic of DUTH.

I have taken part as a Surgeon and Assistant in a large number of Obstetrics and Gynecology operations, as can be seen from the operating room books of the clinic where I work. 5-year and 6-year medical students. From **07-07-1997 to 16.11.1999** I was head of the Family Planning center of University Hospital Alexandroupolis. On **16-11-1999** I was sworn in as a **Lecturer in Obstetrics-Gynecology** at the School of Medicine of the Democritus University of Thrace, **Athens (A 5902/23.7.1999 Rector's statement)** after a unanimous election by the electoral body and a unanimous positive recommendation. From **17.11.1999 until 2003** I worked as a Lecturer in the Obstetrics-Gynecology Clinic of DUTH. On **16-12-2003** I became an Assistant Professor of Obstetrics-Gynecology at the School of Medicine of the University of Athens. I worked as an **Assistant Professor** in the Obstetrics and Gynecology Clinic of the DUTH. From **01-5-2006 to 31-10-2006** at the Medical School of the University of Würzburg (Clinicum Aschaffenburg-Teaching hospital of University Würzburg) in the subjects of Radical Pelvic Surgery-Breast Surgery as well as in Gynecological Ultrasound and Endocrinology with an emphasis on diagnostic approach and therapeutic treatment of climacteric and

menopausal disorders with active participation in research protocols of the above clinic. On 3/19/2008, I became Permanent Assistant Professor of Obstetrics-Gynecology at the School of Medicine of the University of DUTH Athens (**A5938/22.2.2008.**) after election by the electoral body and unanimous positive recommendation. From **01-08-2011 to 31-01-2012** at the Medical School of the University of Würzburg (Klinikum Aschaffenburg-Teaching Hospital of University Würzburg) in the subjects of Radical Pelvic Surgery-Breast Surgery as well as in Pediatric Adolescent Gynecology with active participation in research protocols of the above clinic. From **23-02-2008. until 29.04.2013** I worked as a Permanent Assistant Professor at the Obstetrics-Gynecology Clinic of DUTH. From **30.04.2013** I became Associate Professor of Obstetrics-Gynecology at the School of Medicine of the University of DUTH Athens (A3475/8.4.2013) after a unanimous election by the electoral body and a unanimous positive recommendation and I work until today as an Associate Professor of Obstetrics-Gynecology of the Faculty of Medicine of the University of Athens. From **20.02.2014** I became the Director of the Family Planning Laboratory after a unanimous decision of the Surgical Department (number 7 /19.02 .2014) From **22.02.2019** I became a **Professor of Obstetrics-Gynecology** at the Faculty of Medicine of the University of DUTH. until today as Professor of Obstetrics-Gynecology of the School of Medicine of the University of DUTH ,Athens (**Government Gazette Issue C' 779/14.05.2019**) **According to Gazette Issue Y.O.D.D. 475/25.07.2019** Director of the Family Planning Laboratory & Director of the Gynecological Cytology Laboratory Throughout my academic tenure at the School of Medicine of the DUTH I work as a full-time and exclusive faculty member My Clinical and Surgical activity covers the entire spectrum of Obstetrics-Gynecology (Perinatal-Fetal-Uterine Medicine, Surgical

Gynecology, Breast Surgery, Gynecological Oncology and Gynecological Endoscopies).

TEACHING ACTIVITIES

Active participation in the teaching and education of the students of the medical school of the university of Göttingen and Aschaffenburg Würzburg (1990-1995) from 27-9-1996 to the present active participation in the training of postgraduate educational courses of the specialized doctors of the university obstetrics and gynecology clinic of the medical school DUTH as also in the teaching of the above courses. Teaching tutoring courses, and clinical training in the subjects of Obstetrics-Gynecology for the 5th and 6th year students of the School of Medicine of DUTH. (1996-present) Teaching Obstetrics-Gynecology courses for 5th and 6th year students of the School of Medicine of DUTH. (1999-present) I also actively participate in the written and oral exercises of the above students. Teaching a selected course (Pediatric Adolescent Gynecology) to the students of the 4th year of the Medical School of DUTH (2000- to present).Active participation in post-education courses of specialists - obstetrics - gynecology bibliographical updates

MASTER SCIENCE PROGRAMMS

Director of the master science program:

prenatal control-birth – contraception

Associate director of the graduate program in human reproduction

Participation as a Teacher in the GRADUATE STUDIES

PROGRAM

"Clinical Pharmacology"

"Bio-Medical and Molecular Sciences in the Diagnosis and Treatment of Diseases"

"Breast cancer latest data" graduate studies program of Manosmed University

**Graduate study program, master science in hygiene laboratory
program of graduate studies in bioethics laboratory ,member five-member steering committee in the mentioned master of science**

Supervisor of 5 completed PhD theses

Participation in three-member advisory and seven-member examination committees for monitoring Doctoral Dissertations in total 12

Supervisor of theses completed in total 100

Participation in a European research on the position of the modern Greek woman and by extension the European woman towards contraception.

I participated in a research project on "The role of inflammatory cytokines and fibronectin in vaginal and cervical secretions"

Participation in a multicenter research program by the Hellenic Obstetrics and Gynecology Society for the conduct of a Pan-Hellenic study on Caesarean section, ENAGE The Obstetrics-Gynecology Clinics of all Greek Universities, the Hospitals of the General Hospital and the large private Clinics. Coordinator: Professor N.Vrachnis

Researcher participation in EurOSA RAD No 309364 clinical study entitled "Non-interventional observational study of the use of Angeliq and other oral combined hormone replacement therapy (HRT) products"

Participation in a research program of the Obstetrics-Gynecology University Clinic of the Aschaffenburg Academic Hospital of the Medical School of the University of Würzburg on the topic of "Paraaortic lymph node cleansing techniques in the context of gynecological cancer surgery".

Participation in a research project of the University Obstetrics-Gynecology Clinic of the Academic Hospital Aschaffenburg of the

Medical School of the University of Würzburg on the topic "Methods and complications in the context of the application of restorative techniques in patients operated on for breast cancer".

Writing :a monograph for the needs of the chosen course entitled "Pediatric Adolescent Gynecology" Obstetrics and Gynecology Clinic DUTH, a monograph "Pregnancy in rheumatic diseases". Obstetrics - Gynecology Clinic DUTH, chapter in a book entitled "Preparation for motherhood with the method of psychoprophylaxis" Chapter: Physiology of the reproductive system, a chapter "abdominal alcohol: causes due to pregnancy" in the book obstetrical emergencies , a chapter "Contraception and benign diseases" in the Family Planning book. Parisianos Publications Pages 283-290

Participation as first author in writing chapters in 23 obstetric and gynecologic books

Participation as first author in writing chapters in 8 greek obstetric and gynecologic books

Papers 179 PUBMED ,

Papers 198 SCOPUS ,

Papers and chapters 329 RESEARCH GATE,

H INDEX 21 ,

Citations 1922

ANNOUNCEMENTS AT GREEK CONFERENCES A TOTAL OF 250

ANNOUNCEMENTS AT GREEK CONFERENCES A TOTAL OF 200

AWARD AT THE 101ST WORLD DENTAL CONGRESS RECEIVED IN ISTANBUL 28-31 AUGUST 2013

AWARD 13th Congress of the European Society of Contraception and Reproductive Health. Lisbon, Portugal May 28-31, 2014

