

CURRICULUM VITAE

Name: Pelagia-Paraskevi CHLOROPOULOU

Date of Birth: 6th May 1970

Place of Birth: Alexandroupolis, GREECE

Address: Patriarchou Gregoriou 19, Alexandroupolis 68100, GREECE

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Degrees: 1. *Medical Degree*, School of Medicine, University of Beograd, SERBIA

Date of qualification: June 1998

and **MD** (Ptyhion Iatrikis)

Hellenic Ministry of Education (2002), Athens, GREECE

2. *PhD in Medicine*

Title: *Investigation of the factors of inflammatory reaction of the epidural catheter during epidural anaesthesia and analgesia.*

School of Medicine, Democritus University of Thrace, (Honours)

Alexandroupolis, GREECE, 2013

3. *Certificate of Specialization in Anaesthesiology*

Hellenic Ministry of Health, Athens, GREECE

April 2008

4. *European Diploma of continuous education in Anaesthesiology (CEEA)*

November 2011

Current Appointment:

Associate Professor in Anesthesiology and Chair, University Department of Anesthesiology, Democritus University of Thrace and University General Hospital, Alexandroupolis, GREECE

During the years as professor and a consultant anesthesiologist I have acquired significant experience in all aspects and types of Anesthesia, namely General Anesthesia, Regional Anesthesia including Peripheral Nerve Blocks, Spinal and Epidural Anesthesia. My experience has been acquired in most fields of surgery including general surgery, orthopaedic surgery and trauma, urological surgery, paediatric surgery, neurosurgery, plastic surgery, obstetrical and gynaecological surgery, vascular surgery, ENT and ophthalmological surgery and fasciomaxillary surgery. In addition I acquired experience in minor procedures such as aneurysm catheterizations-embolizations, manipulation of fractures, reduction of dislocations, emergency medicine, anesthesia out of theatre (MRI and CT, Emergency Department), gastroscopies etc. In all these cases I was the anesthesiologist in charge.

In addition to my clinical duties as an Associate Professor, I have been teaching Anesthesiology to the medical students of the Medical School of Democritus University and to post-graduate students in their studies for four MSc degree programs, as are mentioned further in my CV under the title "Academic experience and teaching". I have presented numerous papers and lectures in Greek and European Anesthesiology meetings. I have been the principal Investigator for four multi-center European studies organized by the European Society of Anesthesiologists (APRICOT, NECTARINE, EPIMAP, POSE) as described further on in my CV.

I have published 38 scientific papers in international Journals indexed in PubMed.

Previous Appointments: 1. Assistant Professor in Anaesthesiology, Democritus University
of Thrace

2. **Consultant in Anesthesiology,**

University Department of Anaesthesiology, Democritus

University of Thrace and University General Regional Hospital

Alexandroupolis, Greece from 2008 till 2017

3. **Trainee in Anesthesiology,**

Democritus University of Thrace, University General Regional
Hospital, Alexandroupolis, GREECE from 2003 till 2008,

4. **General Practitioner**, Ferres Immigration Health Center,
GREECE, 2001-2003

5. **General Practitioner**, Private Practice, 1998-2000

Courses and post-graduate training :

BLS	European Resuscitation Council	Certificate		2008
PHTLS	Hellenic National Center	Certificate		2009
ILS	European Resuscitation Council	Certificate		2008
APLS	University of South Florida/Paediatric Trauma Care	Certificate		2009
ALSO	Hellenic Society of Paediatric and Adolescent Gynecology	Certificate		2009
Full Scale Simulator course	Danish Institute of Medical Simulation	Certificate		2010
Seminar in regional anaesthesia	NYSORA, London	Certificate		2007
ESRA seminar	Valencia	Certificate		2006
Cadaveric workshop seminar in peripheral	ESRA, Insbruck, Austria	Certificate		2008

nerve blocks				
Seminars in the Management of the Difficult Airway	Hellenic Airway Management Society	Diploma		2009
Workshop: Modern Anaesthesia Techniques	EECCME	Certificate		2012
U/S Venous access Competency Training Workshop	Royal College of Physicians of England, Sheffield, UK	Certificate		2010

- Workshop: **The use of Ultrasound.**
- Workshop: **Simulation. Difficult airway management.**
- Workshop: **Simulation. Ventilation in anesthesia.**
2nd Congress European Society of Paediatric Anesthesiology, Berlin 2-4 September 2010
- Seminar: **Reversal of neuromuscular blockade with sugammadex in clinical practice.**
Danish Institute of Medical Simulation, Copenhagen 2010
 - Seminar: **Management of neuropathic pain.**
“Maastrich 2010” Maastrich, Holland 2010
- Seminar: << **Modern Anaesthesia Techniques**>>.
EECCME, Padova, Italy 5-6/11/2012.
- **Workshop on modern anesthesia techniques: Learning by doing.**
Padova, Italy, 5-6/11/ 2012
- **Seminar on Medical Simulation: The cardiological patient.**
University of Ioannina, Greece 21-22/04/2015
- Medics Direct. **Training for aesthetics practitioners.**
London 2016
- **Day course on Obstetrical Anesthesia.**
University of Athens. 18/02/2017

- **Two-year course on Medical Acupuncture.**
National Institute for Acupuncture
Thessaloniki 2016 and 2017
- **Clinical Seminar** on medical simulation University of Crete may 2017

Fellowships (Post Specialty Training):

- Training in Cardiac Surgery

Onassion Cardiac Surgery Hospital, Athens, 2021
- Training in Pain Management/Neuromodulation

Attikon Hospital, Athens, 2019
- Training in Pain Management,

Oxford University Hospitals, Oxford, UK

July-September 2016
- Training in Paediatric and Obstetric/Gynaecological Anesthesiology,
Mayo Clinic and Mayo School of Medicine, Rochester,
Minnesota, USA,
August 2011
- Training in peripheral nerve blocks,

Northern General Hospital, Sheffield, ENGLAND
September –November 2010

Special Interests: Regional anaesthesia and peripheral nerve blocks

Paediatric and Obstetric Anaesthesia

Pain Management

Reviewer: British Journal of Anaesthesia

Medical Science Monitor

Austin Journal of Pharmacology and Therapeutics

American Journal of Case Reports

CUREUS Journal of Medical Science

Membership of Scientific Associations:

- Hellenic Association of Anesthesiology
- Association of Anesthesiology and Intensive Medicine of Northern Greece
- Hellenic Association of Pain Treatment and Palliative Care
- European Society of Anesthesiology Member No : 167220
- European Society of Regional Anesthesia Member No : 3277
- General Medical Council, UK 17/08/2010 Member No : 7081075

Academic experience and Teaching

Teaching undergraduate medical students in Anaesthesiology, Democritus University of Thrace, Greece.

Postgraduate teaching of candidates for specialty exams in Anaesthesiology.

Teaching of nurses and mid-wives (University Hospital of Alexandroupolis).

Teaching in Clinical Seminars organized by the Hellenic Association of Anaesthesiology.

Lectures in MSc course "Multi-Disciplinary Pain Management" National University of Athens, Greece.

Lectures in MSc course "Surgical Anatomy" Democritus University of Thrace, Greece.

Lectures in MSC course "Clinical Pharmacology" Democritus University of Thrace, Greece.

Lectures in MSc course "Medical Ethics" Democritus University of Thrace, Greece.

Lectures in National Meetings (Anaesthesiology and Orthopaedics)

Presentation of papers and scientific posters in National and European Anaesthesiology Meetings

Research

PhD Thesis: *Investigation of the factors of inflammatory reaction of the epidural catheter during epidural anaesthesia and analgesia. (Honours)*

Participation in clinical studies:

1. Double blind, randomized, multiple centre study (No TREK-DR16243) regarding the prevention of deep vein thrombosis after elective total knee replacement.
2. Multi centre randomized study on the duration of DVT prevention after major operative procedures (No DIREG-R-01119)
3. Double blind, randomized, multiple centre study (No EFC 10343-SAVE HIP 2) regarding the prevention of deep vein thrombosis after operations for fractures of the hip.

Participation as main investigator in ESA multi-centre studies:

APRICOT (2015) published in *Lancet*,

NECTARINE (2016) published in *British Journal of Anaesthesia*

EPIMAP (2016) in progress

POSE (2017) published

ORAL PRESENTATIONS : 21

LECTURES : 37

Publications: Total 51

PubMed: 38

Not in PubMed 13

Total Impact Factor : 112,04

Citations : 701(RG) 529 (Scopus)

h index : 9

Book titled: Manual of Pain Management

Author: Pelagia Chloropoulou

Published May 2021 (*Neon* publications, Athens Greece)

Chapter in the book "**Painless Labour**" published by Prof V. Lymperis.

Foreign languages:

Serbian: excellent

English: good

German: good