

Paschalis Steiropoulos

Associate Professor in Pulmonology
Head of the Department of Pulmonology
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Sex Male | Date of birth 16 Dec 1969 | Nationality Greek

RESEARCH INTERESTS:

1. Respiratory Diseases; 2. Sleep Medicine/Sleep Disorders; 3. COPD; 4. Bronchial Asthma; 5. Interstitial Lung Diseases

EDUCATION - TRAINING

- 1996** Medical Degree, Democritus University of Thrace (DUTH) Medical School
- 2005** Medical specialty certification in Pulmonology (Ministry of Health, Regional Department of Thessaloniki, Greece)
- 2007** PhD Dissertation: 'Effect of nCPAP therapy on cardiovascular risk factors in Obstructive Sleep Apnea Patients'
Supervisor: Prof. D. Bouros
- 2007-2008** Clinical Fellow, Respiratory Division, University Hospital of Brussels, Vrije Universiteit Brussel, Belgium
- 2018-2019** Sabbatical Leave - Training in Sleep Medicine. Sleep Clinic, Sleep Disorder Center, Vita-Salute San Raffaele University, Milan, Italy - under the supervision of Professor Luigi Ferini-Strambi

CLINICAL EXPERIENCE

- March 2020-today** Head of the Department of Pulmonology, Medical School, Democritus University of Thrace, University General Hospital of Alexandroupolis, Alexandroupolis, Greece
- 2019-today** Associate Professor (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece
- 2014-2019** Assistant Professor (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece
- 2011-2014** Senior Lecturer (Academic + Clinical) Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece
- 2005-2007 and 2008-2011** Consultant, Department of Pulmonology, University General Hospital of Alexandroupolis, Alexandroupolis, Greece

SCIENTIFIC ACADEMIC WORK

- PubMed Indexed Publications: 128

- Scopus Indexed Publications: 138
- Citations: 1825
- h-index: 23
- Author in chapters of Medical Books in Greek and English language: 12
- Invited lectures: >140
- Recipient of 5 research scholarships and 25 grants for various projects on respiratory medicine

ADMINISTRATIVE DUTIES

- Member of the European Respiratory Society Sleep Working Group Education Council (2019-2021)
- Member of the European Respiratory Society Guidelines Working Group (2014-2017)
- Member in the Management Committee of EU COST Action CA18218 - European Burden of Disease Network
- Member in the Management Committee of EU COST Action B26 on Sleep Apnea syndrome
- Member in the Management Committee of EU COST Action B29 on Chronic Obstructive Pulmonary Disease
- Substitute Member in the Management Committee of EU COST Action CA16125 on European network for translational research in children's and adult interstitial lung disease
- Member of the Sleep Apnea Network/European Sleep Apnea Database – ESADA (2010-today)
- Member of the Executive Committee for Sleep Laboratories and Sleep Units, Hellenic Ministry of Health (2015-2016)
- Treasurer of the Society for Respiratory Research of Eastern Macedonia and Thrace, Greece (2012-2014)
- Member of the Executive Committee of the Hellenic Society of Sleep Disorders (2012-today)
- Moderator of the Sleep Disorders group of the Hellenic Thoracic Society (2014-today)
- Course Director in Pulmonary Board Review refreshing courses, organized by the Hellenic Thoracic Society (2009-2011)
- Partner in Take-A-Breath project in Operational Program Competitiveness, Entrepreneurship and Innovation, under the call RESEARCH – CREATE – INNOVATE
- Membership in scientific societies: 24
- President of the Organizing Committee in 1 international scientific congress, 1 national scientific congress and member of the Organizing Committee in 12 national and international scientific congresses

EDITOR/REVIEWER IN PEER-REVIEWED SCIENTIFIC JOURNALS

- Section Editor for Pulmonary Medicine (2015-today) of **Hippokratia** journal (PubMed indexed, IF 0.589).
- Member of the Editorial Board of the following international peer-reviewed journals "**World Journal of Methodology**" (PubMed indexed), "**MOJ Clinical & Medical Case Reports**", "**American Journal of Clinical Medicine Research**", "**Austin Journal of Sleep Disorders**", "**Austin Journal of Pulmonary and Respiratory Medicine**", "**Journal of Respiratory Research**", "**Pulmonary and Respiratory Medicine International Journal**", "**Pneumon**" and "**Hygeia@Ergasia**" journal.
- Guest Editor in the book "Frequently Asked Questions on Breathing Disorders during Sleep" (Hellenic Society of Sleep Disorders, Athens 2009).
- Reviewer in numerous scientific journals, namely **European Respiratory Journal**, **PLOS One**, **Sleep**, **Sleep Medicine**, **Journal of Clinical Sleep Medicine**, **Journal of Sleep Research**, **Respiration**, **ERJ Open Research**, **Cytokine**, **BMJ Open**, **Angiology**, **Journal of Diabetes Research**, **Annals of Saudi Medicine**, **European Medical Journal**, **Metabolic Syndrome and Related Disorders**, **Expert Review of Respiratory Medicine**, **BMC Research Notes**, **Yonsei Medical Journal**, **International Journal of Chronic Obstructive Pulmonary Disease**, **Nature and Science of Sleep**, **Vascular Health and Risk Management**, **Journal of Asthma and Allergy**, **npg Primary Care Respiratory Medicine**, **Journal of Medical Case Reports**, **Wiener Klinische Wochenschrift**, **Sleep Medicine Reviews**, **BioMed Research International**, **Sleep Disorders**, **Hippokratia**, **Pneumon**, etc.

PUBMED - INDEXED PUBLICATIONS

	TITLE - AUTHORS	JOURNAL	IMPACT FACTOR	CITATIONS
1	'Role of CD146 in detection of apoptotic circulating endothelial cells in obstructive sleep apnea' Tzouvelekis A, Kotsianidis I, Steiropoulos P , Bouros D.	American Journal of Respiratory and Critical Care Medicine 2007;175(12):1346-7	13.204	4 (Scopus) 3 (Google Scholar)
2	'Effect of continuous positive airway pressure on serum cardiovascular risk factors in patients with obstructive sleep apnea-hypopnea syndrome' Steiropoulos P , Tsara V, Nena E, Fiteli C, Kataropoulou M, Froudarakis M, Christaki P, Bouros D.	Chest 2007;132(3):843-51	7.652	124 (Scopus) 199 (Google Scholar)
3	'Sleep-disordered breathing and quality of life of railway drivers in Greece' Nena E, Tsara V, Steiropoulos P , Constantinidis T, Katsarou Z, Christaki P, Bouros D.	Chest 2008;134(1):79-86	7.652	18 (Scopus) 46 (Google Scholar)
4	'Rare cases of primary pleural Hodgkin and non-Hodgkin lymphomas' Steiropoulos P , Kouliatsis G, Karpathiou G, Popidou M, Froudarakis ME.	Respiration 2009;77(4):459-63	2.772	17 (Scopus) 22 (Google Scholar)
5	'Post-intubation pulmonary embolism and tracheal stenosis: a case report and review of the literature' Tzouvelekis A, Kouliatsis G, Oikonomou A, Trakada G, Froudarakis M, Steiropoulos P , Bouros D.	Respiratory Medicine 2008;102(8):1208-12	3.217	1 (Scopus) 7 (Google Scholar)
6	'Continuous positive airways pressure treatment in a patient with sleep apnea-hypopnea syndrome and coexisting bipolar disorder'	Psychopharmacology Bulletin 2008;41(2):89-92	0.82	22 (Scopus) 4 (Google Scholar)

	Trakada G, Steiropoulos P , Bouros D.			
7	'Formoterol in the management of chronic obstructive pulmonary disease' Steiropoulos P , Tzouvelekis A, Bouros D.	International Journal of Chronic Obstructive Pulmonary Disease 2008;3(2):205-15	3.157	23 (Scopus) 33 (Google Scholar)
8	'Current pharmacological treatment of pulmonary arterial hypertension' Steiropoulos P , Trakada G, Bouros D.	Current Clinical Pharmacology 2008;3(1):11-19	0.7	8 (Scopus) 19 (Google Scholar)
9	'Recombinant tissue plasminogen activator in the treatment of pleural infections in adults' Froudarakis ME, Kouliatsis G, Steiropoulos P , Anevlavis S, Pataka A, Popidou M, Mikroulis D, Pneumatikos I, Bouros D.	Respiratory Medicine 2008;102(12):1694-700	3.217	23 (Scopus) 34 (Google Scholar)
10	'Markers of glycemic control and insulin resistance in non-diabetic patients with Obstructive Sleep Apnea Hypopnea Syndrome: does adherence to CPAP treatment improve glycemic control?' Steiropoulos P , Papanas N, Nena E, Tsara V, Fiteli C, Tzouvelekis A, Christaki P, Maltezos E, Bouros D.	Sleep Medicine 2009;10(8):887-91	3.391	57 (Scopus) 81 (Google Scholar)
11	'Down-regulation of the inhibitor of growth family member 4 (ING4) in different forms of pulmonary fibrosis' Tzouvelekis A, Aidinis V, Harokopos V, Karameris A, Zacharis G, Mikroulis D, Konstantinou F, Steiropoulos P , Sotiriou I, Froudarakis M, Pneumatikos I, Tringidou R, Bouros D.	Respiratory Research 2009;27;10(1):14	3.841	10 (Scopus) 16 (Google Scholar)

12	<p>'Global impairment of CD4+CD25+FOXP3+ regulatory T cells in idiopathic pulmonary fibrosis'</p> <p>Kotsianidis I, Nakou E, Bouchliou I, Tzouvelekis A, Spanoudakis E, Steiropoulos P, Sotiriou I, Aidinis V, Margaritis D, Tsatalas C, Bouros D.</p>	<p>American Journal of Respiratory and Critical Care Medicine 2009;179(12):1121-30</p>	13.204	<p>126 (Scopus)</p> <p>176 (Google Scholar)</p>
13	<p>'Plasma visfatin levels in severe obstructive sleep apnea-hypopnea syndrome'</p> <p>Trakada G, Steiropoulos P, Nena E, Gkioka T, Kouliatsis G, Pataka A, Sotiriou I, Anevlavis S, Papanas N, Bouros D.</p>	<p>Sleep and Breathing 2009;13(4):349-55</p>	2.288	<p>11 (Scopus)</p> <p>25 (Google Scholar)</p>
14	<p>'Long-term effect of continuous positive airway pressure therapy on inflammation markers of patients with obstructive sleep apnea syndrome'</p> <p>Steiropoulos P, Kotsianidis I, Nena E, Tsara V, Gounari E, Hatzizisi O, Kyriazis G, Christaki P, Froudarakis M, Bouros D.</p>	<p>Sleep 2009;32(4) 537-543</p>	4.923	<p>85 (Scopus)</p> <p>151 (Google Scholar)</p>
15	<p>'HbA1c is associated with severity of obstructive sleep apnea hypopnea syndrome in nondiabetic men'</p> <p>Papanas N, Steiropoulos P, Nena E, Maltezos E, Trakada G, Bouros D.</p>	<p>Vascular Health and Risk Management 2009;5:751-756</p>		<p>47 (Scopus)</p> <p>71 (Google Scholar)</p>

16	<p>'Is there a metabolic effect of continuous positive airway pressure in sleep apnoea? Adherence should not be underestimated'</p> <p>Steiropoulos P, Papanas N, Maltezos E, Bouros D.</p>	European Respiratory Journal 2009;34(5):1209-1210	12.242	<p>4 (Scopus)</p> <p>8 (Google Scholar)</p>
17	<p>'Acute fibrinous and organising pneumonia: a case report and review of the literature'</p> <p>Tzouvelekis A, Koutsopoulos A, Oikonomou A, Froudarakis M, Zarogoulidis P, Steiropoulos P, Mikroulis D, Antoniadis A, Zacharis G, Anevlavis S, Bouros D.</p>	Journal of Medical Case Reports 2009;3:74		<p>23 (Scopus)</p> <p>30 (Google Scholar)</p>
18	<p>'Guidelines for diagnosing and treating sleep related breathing disorders in adults and children (Part 2: treatment)'</p> <p>Tsara V, Amfilochiou A, Papagrigorakis MJ, Georgopoulos D, Liolios E, Alexopoulou C, Maniou C, Kithreotis P, Trakada G, Synodinos F, Vilos G, Steiropoulos P.</p>	Hippokratia 2009;13(4):247-252	0.589	<p>3 (Scopus)</p> <p>9 (Google Scholar)</p>
19	<p>'Reduction of serum retinol binding protein-4 levels in non-diabetic obstructive sleep apnea patients under continuous positive airway pressure treatment'</p> <p>Nena E, Steiropoulos P, Tzouvelekis A, Tsara V, Hatzizisi O, Kyriazis G, Froudarakis M, Trakada G, Papanas N, Bouros D.</p>	Respiration 03/2010;80(6):517-523	2.772	<p>15 (Scopus)</p> <p>24 (Google Scholar)</p>

20	<p>'Continuous positive airway pressure treatment in patients with sleep apnoea: does it really improve glucose metabolism?'</p> <p><u>Steiropoulos P</u>, Papanas N, Nena E, Maltezos E, Bouros D.</p>	<p>Current Diabetes Reviews 2010;6(3):156-166</p>		<p>21 (Scopus)</p> <p>34 (Google Scholar)</p>
21	<p>'Respiratory function in amyotrophic lateral sclerosis patients. The role of sleep studies'</p> <p>Tsara V, Serasli E, <u>Steiropoulos P</u>, Tsorova A, Antoniadou M, Zisi P.</p>	<p>Hippokratia 2010;14 (1):33--36</p>	0.589	<p>13 (Scopus)</p> <p>21 (Google Scholar)</p>
22	<p>'Respiratory muscle strength and lung function in patients undergoing medical thoracoscopy'</p> <p>Froudarakis ME, Pataka A, Makris D, Kouliatsis G, Anevlavis S, Sotiriou I, <u>Steiropoulos P</u>, Eleftheriadis S, Bouros D.</p>	<p>Respiration 05/2010; 80(3):220-227</p>	2.772	<p>11 (Scopus)</p> <p>12 (Google Scholar)</p>
23	<p>'Predictors of obstructive sleep apnea in males with metabolic syndrome'</p> <p>Papanas N, <u>Steiropoulos P</u>, Nena E, Tzouvelekis A, Skarlatos A, Konsta M, Vasdekis V, Maltezos E, Bouros D.</p>	<p>Vascular Health and Risk Management 01/2010; 6:281-286</p>		<p>17 (Scopus)</p> <p>34 (Google Scholar)</p>
24	<p>'Prevalence and clinical characteristics of obesity hypoventilation syndrome among individuals reporting sleep-related breathing symptoms in northern Greece'</p> <p>Trakada G, <u>Steiropoulos P</u>, Nena E, Constandinidis TC,</p>	<p>Sleep and Breathing 2010;14(4):381-386</p>	2.288	<p>25 (Scopus)</p> <p>36 (Google Scholar)</p>

	Bouros D.			
25	<p>'Work productivity in obstructive sleep apnea patients'</p> <p>Nena E, <u>Steiropoulos P</u>, Constantinidis TC, Perantoni E, Tsara V.</p>	<p>Journal of Occupational and Environmental Medicine 2010;52(6):622-625</p>	1.861	<p>25 (Scopus)</p> <p>37 (Google Scholar)</p>
26	<p>'Inflammatory markers in middle-aged obese subjects: does obstructive sleep apnea syndrome play a role?'</p> <p><u>Steiropoulos P</u>, Papanas N, Nena E, Antoniadou M, Serasli E, Papoti S, Hatzizisi O, Kyriazis G, Tzouvelekis A, Maltezos E, Tsara V, Bouros D.</p>	<p>Mediators of Inflammation 2010;675320</p>	3.232	<p>44 (Scopus)</p> <p>64 (Google Scholar)</p>
27	<p>'Obstructive sleep apnea aggravates glycemic control across the continuum of glucose homeostasis'</p> <p><u>Steiropoulos P</u>, Papanas N, Bouros D, Maltezos E.</p>	<p>American Journal of Respiratory and Critical Care Medicine 2010;182(2):286</p>	13.204	<p>11 (Scopus)</p> <p>15 (Google Scholar)</p>
28	<p>'Effect of continuous positive airway pressure therapy on a large hemangioma complicated with obstructive sleep apnea syndrome: a case report'</p> <p>Antoniadou M, <u>Steiropoulos P</u>, Serasli E, Tsara V.</p>	<p>Journal of Medical Case Reports 2010;4:271</p>		<p>2 (Google Scholar)</p>
29	<p>'The cost of COPD exacerbations: a university hospital-based study in Greece'</p>	<p>Respiratory Medicine 2011; 105(3):402-409</p>	3.217	<p>28 (Scopus)</p> <p>46 (Google Scholar)</p>

	Geitona M, Hatzikou M, Steiropoulos P , Alexopoulos EC, Bouros D.			
30	<p>‘Management of obstructive sleep apnea in Europe’</p> <p>Fietze I, Penzel T, Alonderis A, Barbe F, Bonsignore MR, Calverly P, De Backer W, Diefenbach K, Donic V, Eijsvogel MM, Franklin KA, Gislason T, Grote L, Hedner J, Jennum P, Lavie L, Lavie P, Levy P, Lombardi C, Mallin W, Marrone O, Montserrat JM, Papathanasiou ES, Parati G, Plywaczewski R, Pretl M, Riha RL, Rodenstein D, Saaresranta T, Schulz R, Sliwinski P, Steiropoulos P, Svaza J, Tomori Z, Tonnesen P, Varoneckas G, Verbraecken J, Vesely J, Vitols A, Zielinski J, McNicholas WT; COST Action B26 Group.</p>	Sleep Medicine 2011;12(2):190-197	3.391	<p>37 (Scopus)</p> <p>63 (Google Scholar)</p>
31	<p>‘Sleepiness as a marker of glucose deregulation in obstructive sleep apnea’</p> <p>Nena E, Steiropoulos P, Papanas N, Tsara V, Filiti C, Froudarakis ME, Maltezos E, Bouros D.</p>	Sleep and Breathing 2011; 16(1):181-186	2.288	<p>43 (Scopus)</p> <p>54 (Google Scholar)</p>
32	<p>‘Are there any differences in clinical and laboratory findings on admission between H1N1 positive and negative patients with flu-like symptoms?’</p> <p>Zarogoulidis P, Constantinidis T, Steiropoulos P, Papanas N, Zarogoulidis K, Maltezos E.</p>	BMC Research Notes 2011;1(1):141		<p>8 (Scopus)</p> <p>12 (Google Scholar)</p>

33	<p>‘Obstructive sleep apnoea and metabolic syndrome in Mediterranean countries’</p> <p>Zito A, Steiropoulos P, Barceló A, Marrone O, Esquinas C, Buttacavoli M, Barbé F, Bonsignore MR.</p>	European Respiratory Journal 2011;37(3):717-719	12.242	<p>7 (Scopus)</p> <p>11 (Google Scholar)</p>
34	<p>‘Low-pressure pulmonary artery aneurysm presenting with pulmonary embolism: a case series’</p> <p>Serasli E, Antoniadou M, Steiropoulos P, Vassiliadis K, Mantzourani S, Papoulidis P, Tsara V.</p>	Journal of Medical Case Reports 2011;5:163		<p>11 (Scopus)</p> <p>13 (Google Scholar)</p>
35	<p>‘Continuous positive airway pressure to improve insulin resistance and glucose homeostasis in sleep apnea’</p> <p>Steiropoulos P, Papanas N.</p>	World Journal of Diabetes 2011;2(1):16-18		<p>15 (Google Scholar)</p>
36	<p>‘Long-term respiratory follow-up of H1N1 infection’</p> <p>Zarogoulidis P, Kouliatsis G, Papanas N, Spyrtos D, Constantinidis TC, Kouroumichakis I, Steiropoulos P, Mabroudi M, Matthaïos D, Kerenidi T, Courcoutsakis N, Zarogoulidis K, Maltezos E.</p>	Virology Journal 06/2011; 8:319	2.139	<p>8 (Scopus)</p> <p>12 (Google Scholar)</p>
37	<p>‘Mean Platelet Volume and Platelet Distribution Width in non-diabetic subjects with obstructive sleep apnoea syndrome: new indices of severity?’</p> <p>Nena E, Papanas N, Steiropoulos P, Zikidou P, Zarogoulidis P, Pita E, Constantinidis TC, Maltezos E, Mikhailidis DP, Bouros D.</p>	Platelets 11/2011;23(6):447-454	2.465	<p>56 (Scopus)</p> <p>72 (Google Scholar)</p>
38	<p>‘Continuous positive airway pressure treatment: effect on serum lipids in patients with obstructive sleep apnoea’</p> <p>Michailidis V, Steiropoulos P, Nena E, Papanas N, Maltezos E, Bouros D.</p>	The Open Cardiovascular Medicine Journal 2011;5:231-238		<p>9 (Scopus)</p> <p>16 (Google Scholar)</p>

39	<p>'Health costs from hospitalization with H1N1 infection during the 2009-2010 influenza pandemic compared with non-H1N1 respiratory infections'</p> <p>Zarogoulidis P, Glaros D, Kontakiotis T, Froudarakis M, Kioumis I, Kouroumichakis I, Tsiotsios A, Kallianos A, Steiropoulos P, Porpodis K, Papakosta D, Rapti A, Constantinidis TC, Kerenidi T, Panopoulou M, Trakada G, Courcoutsakis N, Fouka E, Zarogoulidis K, Maltezos E.</p>	International Journal of General Medicine 01/2012; 5:175-182		<p>8 (Scopus)</p> <p>8 (Google Scholar)</p>
40	<p>'Indacaterol: a new long-acting β2-agonist in the management of chronic obstructive pulmonary disease'</p> <p>Steiropoulos P, Papanas N, Nena E, Bouros D.</p>	Expert Opinion on Pharmacotherapy 04/2012; 13(7):1015-1029	3.894	<p>5 (Scopus)</p> <p>8 (Google Scholar)</p>
41	<p>'Combined pulmonary fibrosis and emphysema associated with microscopic polyangiitis'</p> <p>Tzouvelekis A, Zacharis G, Oikonomou A, Koulelidis A, Steiropoulos P, Froudarakis M, Kriki P, Vargemezis V, Bouros D.</p>	European Respiratory Journal 08/2012; 40(2):505-507	12.242	<p>14 (Scopus)</p> <p>21 (Google Scholar)</p>
42	<p>'Lung cancer and interstitial lung diseases: a systematic review'</p> <p>Archontogeorgis K, Steiropoulos P, Tzouvelekis A, Nena E, Bouros D.</p>	Pulmonary Medicine 2012;315918		<p>42 (Scopus)</p> <p>71 (Google Scholar)</p>

43	<p>'Mean platelet volume and platelet distribution width in patients with chronic obstructive pulmonary disease: the role of comorbidities'</p> <p><u>Steiropoulos P</u>, Papanas N, Nena E, Xanthoudaki M, Goula T, Froudarakis M, Pita E, Maltezos E, Bouros D.</p>	<p>Angiology 2013;64(7):535-539</p>	3.085	<p>38 (Scopus)</p> <p>50 (Google Scholar)</p>
44	<p>'Expression of hypoxia-inducible factor (HIF)-1α-vascular endothelial growth factor (VEGF)-inhibitory growth factor (ING)-4-axis in sarcoidosis patients'</p> <p>Tzouvelekis A, Ntolios P, Karameris A, Koutsopoulos A, Boglou P, Koulelidis A, Archontogeorgis K, Zacharis G, Drakopanagiotakis F, <u>Steiropoulos P</u>, Anevlavis S, Polychronopoulos V, Mikroulis D, Bouros D.</p>	<p>BMC Research Notes 11/2012; 5(1):654</p>		<p>18 (Scopus)</p> <p>27 (Google Scholar)</p>
45	<p>'Obstructive sleep apnoea syndrome and cardiovascular risk'</p> <p>Kostapanos MS, Mikhailidis, DP, Elisaf MS, <u>Steiropoulos P</u>, Papanas N.</p>	<p>Archives of Medical Science 12/2012; 8(6):1115-1116</p>	1.969	<p>19 (Scopus)</p> <p>21 (Google Scholar)</p>
46	<p>'Continuous positive airway pressure in obstructive sleep apnea syndrome and prehypertension: time to consider early treatment?'</p> <p><u>Steiropoulos P</u>, Papanas N.</p>	<p>Angiology 2014;65(2):93-94</p>	3.085	<p>10 (Scopus)</p> <p>1 (Google Scholar)</p>
47	<p>'Hypoglycaemia due to interaction of glimepiride with isoniazid in a patient with type 2 diabetes mellitus'</p> <p>Boglou P, <u>Steiropoulos P</u>, Papanas N, Bouros D.</p>	<p>BMJ Case Reports 2013;16:008528</p>		<p>7 (Scopus)</p> <p>14 (Google Scholar)</p>

48	<p>'A fatty meal aggravates apnea and increases sleep in patients with obstructive sleep apnea'</p> <p>Trakada G, Steiropoulos P, Zarogoulidis P, Nena E, Papanas N, Maltezos E, Bouros D.</p>	Sleep and Breathing 2014;18(1):53-58	2.288	<p>8 (Scopus)</p> <p>18 (Google Scholar)</p>
49	<p>'Subjective sleep quality in lung cancer patients before and after chemotherapy'</p> <p>Zarogoulidis P, Steiropoulos P, Perantoni E, Archontogeorgis K, Eleftheriadou E, Porpodis K, Charpidou AG, Angelopoulou C, Nena E, Zarogoulidis K, Tsara V.</p>	Thoracic Cancer 2013;4(2):138-142	1.116	<p>8 (Scopus)</p> <p>11 (Google Scholar)</p>
50	<p>'Increased incidence of autoimmune markers in patients with combined pulmonary fibrosis and emphysema'</p> <p>Tzouvelekis A, Zacharis G, Oikonomou A, Mikroulis D, Margaritopoulos G, Koutsopoulos A, Antoniadis A, Koulelidis A, Steiropoulos P, Boglou P, Bakali M, Froudarakis M, Bouros D.</p>	BMC Pulmonary Medicine 2013;13:31	2.435	<p>27 (Scopus)</p> <p>43 (Google Scholar)</p>
51	<p>'Can we predict the survival of idiopathic pulmonary fibrosis patients? Sleep must be re-appreciated'</p> <p>Steiropoulos P.</p>	Journal of Clinical Sleep Medicine 2013;9(6):603-604	3.429	<p>2 (Scopus)</p> <p>2 (Google Scholar)</p>
52	<p>'Increased expression of epidermal growth factor-receptor (EGF-R) in patients with different forms of lung fibrosis'</p> <p>Tzouvelekis A, Ntolios P, Karameris A, Vilaras G, Boglou P, Koulelidis A, Archontogeorgis K, Kaltsas K, Zacharis G, Sarikloglou E, Steiropoulos P, Mikroulis DA, Koutsopoulos A, Froudarakis ME, Bouros D.</p>	BioMed Research International 2013:654354	2.476	<p>22 (Scopus)</p> <p>25 (Google Scholar)</p>

53	<p>'Undetected obstructive sleep apnoea (OSA) in the workforce and reduced work productivity in OSA: we need to improve screening to see the whole picture'</p> <p>Nena E, Papanas N, <u>Steiropoulos P.</u></p>	<p>Chronic Respiratory Disease 2013;10(3):183</p>	1.818	<p>1 (Scopus)</p> <p>4 (Google Scholar)</p>
54	<p>'Unilateral pulmonary artery agenesis: a case series'</p> <p><u>Steiropoulos P,</u> Archontogeorgis K, Tzouvelekis A, Ntoliou P, Chatzistefanou A, Bouros D.</p>	<p>Hippokratia 2013;17(1):73-76</p>	0.589	<p>11 (Scopus)</p> <p>18 (Google Scholar)</p>
55	<p>'Is there evidence of early vascular disease in patients with obstructive sleep apnoea without known comorbidities? Preliminary findings'</p> <p><u>Steiropoulos P,</u> Bogiatzi C, Archontogeorgis K, Nena E, Xanthoudaki M, Boglou P, Tzouvelekis A, Papanas N, Tsivgoulis G, Bouros D.</p>	<p>The Open Cardiovascular Medicine Journal 2013;7:61-68</p>		<p>4 (Scopus)</p> <p>6 (Google Scholar)</p>
56	<p>'New developments in the management of COPD: clinical utility of indacaterol 75 µg'</p> <p><u>Steiropoulos P,</u> Archontogeorgis K, Nena E, Bouros D.</p>	<p>International Journal of Chronic Obstructive Pulmonary Disease 2014;9:1-7</p>	3.157	<p>3 (Scopus)</p> <p>6 (Google Scholar)</p>
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64	'Obstructive Sleep Apnea and Atrial Fibrillation: Do They Synergistically Increase Cardiovascular Risk?' <u>Steiropoulos P.</u> , Papanas N.	Angiology 2015;66(6):501-502	3.085	1 (Scopus) 2 (Google Scholar)
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66	'Obstructive Sleep Apnea and Diabetic Foot: New Responsibilities?' Papanas N, <u>Steiropoulos P.</u>	Angiology 2016;67(7):605-606	3.085	2 (Scopus) 4 (Google Scholar)
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70	'An Unexpected Pulmonary Coin Lesion' Karpathiou G, Batistatou A, Steiropoulos P , Stefanou D, Froudarakis ME.	International Journal of Surgical Pathology 2016;24(4):328-329	0.830	0 (Scopus) 1 (Google Scholar)
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81	'Safety and efficacy of nintedanib in idiopathic pulmonary fibrosis: A real-life observational study in	Pulmonary Pharmacology and Therapeutics 2018;49:61-66	2.525	7 (Scopus) 32

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91	<p>'Change in weight and central obesity by positive airway pressure treatment in obstructive sleep apnea patients: longitudinal data from the ESADA cohort'</p>	Journal of Sleep Research 2018;24:12705	3.259	<p>4 (Scopus)</p> <p>3 (Google Scholar)</p>

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92	'DNA methylation in pediatric Obstructive Sleep Apnea: An overview of preliminary findings' Perikleous E, Steiropoulos P , Tzouvelekis A, Nena E, Koffa M, Paraskakis E	Frontiers in Pediatrics 2018;29(6):00154	2.172	3 (Scopus) 4 (Google Scholar)
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95	'Clinical presentation of patients with suspected obstructive sleep apnea and self-reported physician-diagnosed asthma in the ESADA cohort' Bonsignore MR, Pepin JL, Antalainen U, Schiza SE, Basoglu OK, Pataka A, Steiropoulos P , Dogas Z, Grote L, Hedner J, McNicholas WT, Marrone O; ESADA Study Group.	Journal of Sleep Research 2018;12729	3.259	4 (Scopus) 7 (Google Scholar)
96	'Mean Platelet Volume and Platelet Distribution Width in Patients with Obstructive Sleep Apnea Syndrome and Concurrent Chronic Obstructive Pulmonary Disease'	Clinical and Applied Thrombosis/Hemostasis 2018:788178	2.096	5 (Scopus)

	Archontogeorgis K, Voulgaris A, Papanas N, Nena E, Froudarakis M, Mikhailidis DP, Steiropoulos P.			
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101	'The European Sleep Apnoea Database (ESADA) ERS Clinical Research Collaboration: past, present and future' Bonsignore MR, Hedner J, ESADA study group.	The European Respiratory Journal 2018 Oct 10;52(4)	11.807	

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103	<p>'Lung function changes after chemoradiation therapy in patients with lung cancer treated by three usual platinum combinations'</p> <p>Mihailidis V, Anevlavis S, Karpathiou G, Kouliatsis G, Tzouvelekis A, Zarogoulidis P, Ntoliou P, <u>Steiropoulos P.</u>, Bouros D, Froudarakis ME.</p>	<p>Journal of Thoracic Disease 2018;10(9):5435-5442</p>	1.804	
104	<p>'Use of the Clinical Global Impression Scale in Sleep Apnea Patients - Results from the ESADA Database'</p> <p>Dieltjens M, Verbraecken JA, Hedner J, Vanderveken OM, <u>Steiropoulos P.</u>, Kvanne J, Saaresranta T, Tkacova R, Marrone O, Dogas Z, Schiza S, Grote L.</p>	<p>Sleep Medicine 2019;59:56-65</p>	3.395	2 (Scopus) 3 (Google Scholar)
105	<p>'Genetics of obstructive sleep apnoea: Vitamin D receptor gene (VDR) variation affects both vitamin D serum concentration and disease susceptibility'</p> <p>Ragia G, Archontogeorgis K, Simmaco M, Gentile G, Boro M, Zissimopoulos A, Froudarakis M, Manolopoulos V, <u>Steiropoulos P.</u></p>	<p>OMICS: A Journal of Integrative Biology 2019;23:45-53</p>	2.370	2 (Scopus) 4 (Google Scholar)
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107	<p>‘Clinical Characteristics of Obstructive Sleep Apnea in Psychiatric Disease’</p> <p>Knechtle B, Economou NT, Nikolaidis PT, Velentza L, Kallianos A, Steiropoulos P, Koutsompolis D, Rosemann T, Trakada G.</p>	Journal of Clinical Medicine 2019 Apr 18;8(4)	5.688	7 (Google Scholar)
108	<p>‘Cancer prevalence is increased in females with sleep apnoea: data from the ESADA study’</p> <p>Pataka A, Bonsignore MR, Ryan S, Riha RL, Pepin JL, Schiza S, Basoglu OK, Sliwinski P, Ludka O, Steiropoulos P, Anttalainen U, McNicholas WT, Hedner J, Grote L; ESADA study group.</p>	The European Respiratory Journal 2019 Jun 20;53(6)	11.807	2 (Scopus) 3 (Google Scholar)
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111	<p>‘Unique sleep-stage transitions determined by obstructive sleep apnea severity, age and gender’</p> <p>Wächter M, Kantelhardt JW, Bonsignore MR, Bouloukaki I, Escourrou P, Fietze I, Grote L, Korzybski D, Lombardi C, Marrone O, Paranicova I, Pataka A, Ryan S, Schiza SE, Sliwinski P, Steiropoulos P,</p>	Journal of Sleep Research 2019 Jul 25 [Epub ahead of print]	3.432	2 (Scopus) 2 (Google Scholar)

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115	'Increased risk for cardiovascular disease in patients with obstructive sleep apnoea syndrome-chronic obstructive pulmonary disease (overlap syndrome)' Voulgaris A, Archontogeorgis K, Papanas N, Pilitsi E, Nena E, Xanthoudaki M, Mikhailidis DP, Froudarakis ME, <u>Steiropoulos P</u> .	The Clinical Respiratory Journal 2019 Aug 21 [Epub ahead of print]	1.751	1 (Scopus)
116	'Burden of Nocturnal Hypoxia and Type of Positive Airway Pressure Therapy May Influence Markers of Acute Kidney Injury in Patients With Obstructive Sleep Apnea' Voulgaris A, Nena E, <u>Steiropoulos P</u> .	Journal of Clinical Sleep Medicine 2019 Oct 1 [Epub ahead of print]	3.396	

117	<p>‘Hyperlipidaemia prevalence and cholesterol control in obstructive sleep apnoea: Data from the European sleep apnea database (ESADA)’</p> <p>Gunduz C, Basoglu OK, Hedner J, Bonsignore MR, Hein H, Staats R, Bouloukaki I, Roisman G, Pataka A, Sliwinski P, Ludka O, Pepin JL, Grote L; <u>European Sleep Apnoea Database collaborators.</u></p>	Journal of Internal Medicine 2019 Jul 1 [Epub ahead of print]	6.051	1 (Scopus)
118	<p>‘Diabetes Mellitus and Chronic Obstructive Pulmonary Disease: An Overview.’</p> <p>Katsiki N, Steiropoulos P, Papanas N, Mikhailidis DP.</p>	Experimental and Clinical Endocrinology & Diabetes 2019 Nov 18 [Epub ahead of print]	1.927	
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120	<p>‘Lung cancer in patients with Idiopathic Pulmonary Fibrosis. A retrospective multicenter study in Greece.’</p> <p>Tzouvelekis A, Karampitsakos T, Gomatou G, Bouros E, Tzilas V, Manali E, Tomos I, Trachalaki A, Kolilekas L, Korbila I, Tomos P, Chrysikos S, Gaga M, Daniil Z, Bardaka F, Papanikolaou IC, Euthymiou C, Papakosta D, <u>Steiropoulos P</u>, Ntolios P, Tringidou R, Papiris S, Antoniou K, Bouros D.</p>	Pulmonary Pharmacology & Therapeutics 2020 Feb;60:101880 Epub 2019 Dec 23	2.937	
121	<p>‘Pre-diabetic patients with severe obstructive sleep apnea: novel parameters of hypoxia during sleep correlate with insulin resistance.’</p> <p>Perantoni E, Filos D, Archontogeorgis K, <u>Steiropoulos P</u>, Chouvarda IC.</p>	Conference Proceedings IEEE Engineering in Medicine and Biology Society 2019 Jul;2019:5002-5005		

122	<p>‘Gender Differences in Obstructive Sleep Apnea: The Value of Sleep Questionnaires with a Separate Analysis of Cardiovascular Patients.’</p> <p>Pataka A, Kotoulas S, Kalamaras G, Schiza S, Sapalidis K, Giannakidis D, Michalopoulos N, Koulouris C, Aidoni Z, Amaniti A, Bouloukaki I, Chatzopoulos E, Romanidis K, Oikonomou P, Steiropoulos P, Trakada G, Vagionas A, Ioannidis A, Katsios IN, Goganau AM, Zarogoulidis P, Kosmidis C.</p>	Journal of Clinical Medicine. 2020 Jan 3;9(1)	5.688	
123	<p>“Respiratory Involvement in Patients with Neuromuscular Diseases: A Narrative Review.”</p> <p>Voulgaris A, Antoniadou M, Agrafiotis M, Steiropoulos P.</p>	Pulmonary Medicine. 2019 Dec 26;2019:2734054		1 (Scopus)
124	<p>‘Mild Obstructive Sleep Apnea Increases Hypertension Risk Challenging Traditional Severity Classification.’</p> <p>Bouloukaki I, Grote L, McNicholas WT, Hedner J, Verbraecken J, Parati G, Lombardi C, Basoglu OK, Pataka A, Marrone O, Steiropoulos P, Bonsignore MR, Schiza SE; ESADA network.</p>	Journal of Clinical Sleep Medicine. 2020 Feb 11 [Epub ahead of print]	3.456	
125	<p>‘Predictors of Sleep Duration and Sleep Disturbance in Children of a Culturally Diverse Region in North-Eastern Greece.’</p> <p>Nena E, Cassimos D, Kaditis A, Kourantzi M, Trakada G, Economou NT, Nikolaidis PT, Rosemann T, Knechtle B, Steiropoulos P, Tsalkidis A.</p>	Frontiers in Pediatrics 2020 Feb 12;8:23	2.349	
126	<p>‘A Real-World Observational Study Examining the Impact of Acclidinium Bromide Therapy on the Quality of Life, Symptoms, and Activity</p>	International Journal of Chronic Obstructive Pulmonary Disease. 2020 Mar 6;15:515-526	3.274	

	<p>Impairment of Patients with Chronic Obstructive Pulmonary Disease: The Greek ON-AIR Study.'</p> <p>Kostikas K, Vassilakopoulos TI, Tzanakis N, Konstantinidis AK, Kosmas EN, Papis S, Steiropoulos P, Manali ED, Michaelides SA, Daskos G.</p>			
127	<p>'Cardiovascular disease in patients with chronic obstructive pulmonary disease, obstructive sleep apnoea syndrome and overlap syndrome.'</p> <p>Voulgaris A, Archontogeorgis K, Steiropoulos P, Papanas N.</p>	<p>Current Vascular Pharmacology 2020 Mar 17 [Epub ahead of print]</p>	2.583	
128	<p>'Metabolic Syndrome in Patients with Coexistent Obstructive Sleep Apnea Syndrome and Chronic Obstructive Pulmonary Disease (Overlap Syndrome).'</p> <p>Archontogeorgis K, Voulgaris A, Papanas N, Nena E, Xanthoudaki M, Pataka A, Schiza S, Rizzo M, Froudarakis ME, Steiropoulos P.</p>	<p>Metabolic Syndrome and Related Disorders 2020 May 5 [Epub ahead of print]</p>	1.597	

MENTORSHIP/COACHING

- Supervisor in 6 PhD theses (1 completed) and 26 MSc theses (23 completed)
- Member of the advisory committee in 7 PhD theses
- Member of the examination board in 5 PhD theses (all completed) and 36 MSc theses (20 completed)