

## **Stylios Panagoutsos, Curriculum vitae, Alexandroupolis 2017**

### ***Personal Details***

Full Name	Stylios Panagoutsos
Date of Birth	14/12/1960
Place of Birth	Athens
Marital status	Married to Maria Samakouri, one child
Professional Address	Democritus University of Thrace, University Hospital of Alexandroupolis, Department of Nephrology, 68100 Alexandroupolis, Greece
Home Address	9, Odysseos st, 68100 Alexandroupolis
Telephone	+302551031294, +302551353144
Fax	+302551353146
E-mail	spanagou@med.duth.gr
Languages	Greek (native), English, French

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### ***Education***

1972-1978	Varvakio high school
1978-1985	Medical school, National and Capodistrian University of Athens, Greece.
1987	Trainee in Internal Medicine, 401 Military Hospital, Athens, Greece
1989-1990	Trainee in Internal Medicine, University General Hospital of Alexandroupolis, Greece.
1990-1994	Trainee in Nephrology, University Department of Nephrology, University General Hospital of Alexandroupolis, Greece.
5/2012-9/2012	<i>Sabbatical</i> , Renal Section, Department of Medicine Imperial College and Renal Medicine and Transplantation, Imperial College Healthcare NHS Trust, Hammersmith Hospital, London

### ***Degrees***

1985	Medical Degree, National and Capodistrian University of Athens
1994	Accreditation of the Nephrology Specialty, Alexandroupolis
1996	Doctorate Thesis, entitled: «Application of subcutaneous erythropoietin in patients undergoing continuous ambulatory peritoneal dialysis» Democritus University of Thrace, Alexandroupolis

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### ***Appointments***

2017-today	Professor in Nephrology, Department of Nephrology, Democritus University of Thrace, Greece
4/2012-9/2012	Clinical Fellow, Renal Medicine and Transplantation, Imperial College Healthcare NHS Trust, Hammersmith Hospital, London
2011-2017	Associate Professor in Nephrology, Department of Nephrology, Democritus University of Thrace, Greece
2003-2011	Assistant Professor in Nephrology, Department of Nephrology, Democritus University of Thrace, Greece
1998-2003	Lecturer in Nephrology, Department of Nephrology, Democritus University of Thrace, Greece
1995-1998	Epimelitis B (Senior Registrar), Department of Nephrology, University General Hospital of Alexandroupolis, Greece
1990-1994	Senior House Officer, Department of Nephrology, University General Hospital of Alexandroupolis, Greece
1989-1990	House Officer, Internal Medicine Department of Internal Medicine, University General Hospital of Alexandroupolis, Greece
1988-1989	Country Service
1987	House Officer, Internal Medicine Department of Internal Medicine, 401 Military Hospital Athens, Greece
1985-1987	Military Service

## **Stylianos Panagoutsos, Curriculum vitae, Alexandroupolis 2017**

### ***Main Research interests***

Anemia in CKD

Adequacy of Dialysis

Hemodialysis' vascular access

### ***Clinical Work***

Clinical work as follows:

Inpatient and outpatient renal clinics (glomerulonephritis, transplant, chronic kidney disease)

Hemodialysis Unit

Peritoneal Dialysis Unit

### ***Teaching***

1989 – 1994: “Internal Medicine”, Undergraduate students of the 3<sup>rd</sup>, 4<sup>th</sup>, year of the Medical School of University of Alexandroupolis

1994 – today: “Nephrology”, Undergraduate students of the 5<sup>th</sup> year of the Medical School of University of Alexandroupolis

2007 – today: “Master in Clinical Pharmacology – Therapeutics”, Postgraduate students of the Medical School of University of Alexandroupolis

2015 – today: “Master in stroke”, Postgraduate students of the Medical School of University of Alexandroupolis

### ***Member of Societies and Commitees***

Member of Hellenic Society of Nephrology

Member of European Dialysis and Transplant Society (ERA-EDTA)

Member of International Society of Nephrology (ISN)

Full Member of the General Medical Council, UK

### ***Editorial Board***

Hellenic Nephrology, since 2005

### ***Referee for Medical Journals***

Hellenic Nephrology - Peritoneal Dialysis International - International Urology and Nephrology - Clinical Nephrology

*Publications in peer-reviewed international journals*

**1. Evaluation of CNS-Function in CAPD Patients Using Magnetoencephalography (MEG): Comparison with Hemodialysis Patients**

E. Thodis, P. A. Anninos, P. Pasadakis, A. V. Adamopoulos, S. Panagoutsos, V. Vargemezis.

*ADVANCES IN PERITONEAL DIALYSIS/1992, Vol 8, pp:181-184.*

**2. Treatment of CAPD Peritonitis with Clavulanate Potentiated Ticarcillin**

P. Pasadakis, E. Thodis, A. Euthimiadou, S. Panagoutsos, E. Oustoglou, S. Kartali, V. Vargemezis.

*ADVANCES IN PERITONEAL DIALYSIS/1992, Vol 8, pp:238-241.*

**3. Treatment and Prevention of Relapses of CAPD Pseudomonas Peritonitis**

P. Pasadakis, E. Thodis, A. Eftimiadou, S. Panagoutsos, D. Papazoglou, M. Kaliengidou, S. Kartali, V. Vargemezis.

*ADVANCES IN PERITONEAL DIALYSIS/1993, Vol 9, pp:206-210.*

**4. The Identification of Bone Mineral Density (BMD) in CAPD in comparison with HD Patients.**

P. Pasadakis, E. Thodis, G. Manavis, E. Mourvati, S. Panagoutsos, V. Vargemezis.

*ADVANCES IN PERITONEAL DIALYSIS/1995, Vol 11:247*

**5. Evaluation of changes in serum and dialysate levels of cancer antigen (CA 125) in stable CAPD patients**

**Ploumis Passadakis, Stelios Panagoutsos, Elias Thodis, Irimi Tsivara, Fotini Sopassi, Vassilis Vargemezis**

*ADVANCES IN PERITONEAL DIALYSIS 1999; 15:40-44.*

**6. Failure of Icodextrin to provide adequate ultrafiltration in continuous ambulatory peritoneal dialysis patients**

Elias Thodis, Ploumis Passadakis, Stelios Panagoutsos, Dimitrios Marinopoulos, Vassilis Vargemezis

*ADVANCES IN PERITONEAL DIALYSIS 1999; 15: 171-174.*

**7. Outcome for continuous ambulatory peritoneal dialysis patients is not predicted by peritoneal permeability characteristics**

Passadakis PS, Thodis ED, Panagoutsos SA, Selisiou CA, Pitta EM, Vargemezis VA.  
*ADVANCES IN PERITONEAL DIALYSIS 2000;16:2-6.*

**8. The Effectiveness of Mupirocin preventing S. Aureus in PD catheter related infections**

E. Thodis, P. Passadakis, S. Panagoutsos, D. Bacharaki, A. Euthimiadou, V. Vargemezis  
*ADVANCES IN PERITONEAL DIALYSIS 2000; 16:257-61.*

**9. The Clinical Impact of Increasing the Hemodialysis Dose**

Panagoutsos SA, Yannatos EV, Passadakis PS, Thodis ED, Galtsidopoulos OG, Vargemezis VA.  
*HEMODIAL INT. 2001 JAN;5(1):51-54*

**10. The Progression of Uremic Polyneuropathy in Patients on Hemodialysis and Hemofiltration: A Two-Year Study.**

Mourvati EP, Passadakis PS, Thodis ED, Panagoutsos SA, Galtsidopoulos OG, Vargemezis VA  
*HEMODIAL INT. 2001 JAN;5(1):37-41*

**11. Effects of hemodialysis dose on anemia, hypertension, and nutrition**

Stelios A.Panagoutsos, Evangelos V.Yannatos, Ploumis S.Passadakis, Elias D.Thodis, Omiros G.Galtsidopoulos, and Vassilis A.Vargemezis  
*RENAL FAILURE 24 (5): 615-621, 2002*

**12. Lipoprotein abnormalities in hemodialysis and continuous ambulatory peritoneal dialysis patients**

Christina I. Fytili, Euaggelia G. Progia, Stelios A. Panagoutsos, Elias D. Thodis, Ploumis S. Passadakis, Kostas I. Sombolos, Vassilis A. Vargemezis  
*RENAL FAILURE 24 (5): 623-630, 2002*

**13. Hypotension in patients on Chronic Peritoneal Dialysis: Etiology, Management, and outcome**

M. Malliara, P. Passadakis, S. Panagoutsos, M. Theodoridis, E. Thodis, J. Bargman, V. Jassal, S. Vas, V. Vargemezis, D. Oreopoulos

*ADVANCES IN PERITONEAL DIALYSIS 2002; 18:49-54*

**14. Peritoneal catheter exit-site infections: predisposing factors, prevention and treatment.**

Thodis E, Passadakis P, Ossareh S, Panagoutsos S, Vargemezis V, Oreopoulos DG

*INT J ARTIF ORGANS. 2003 Aug;26(8):698-714*

**15. Use of short PTFE segments (<6 cm) compares favorably with pure autologous repair in failing or thrombosed native arteriovenous fistulas**

Georgiadis GS, Lazarides MK, Lambidis CD, Panagoutsos SA, Kostakis AG, Bastounis EA, Vargemezis VA.

*J VASC SURG. 2005 Jan;41(1):76-81*

**16. Peritoneal catheters and related infections**

Thodis E, Passadakis P, Lyrantzopoulos N, Panagoutsos S, Vargemezis V, Oreopoulos D.

*INT UROL NEPHROL 2005;37(2):379-393*

**17. Efficient monthly subcutaneous administration of darbepoetin in stable CAPD patients.**

Theodoridis M, Passadakis P, Kriki P, Panagoutsos S, Yannatos E, Kantartzi K, Sivridis D, Vargemezis V.

*PERITONEAL DIALYSIS INTERNATIONAL 2005 Nov-Dec;25(6):564-569*

**18. Timely transfer of peritoneal dialysis patients to hemodialysis improves survival rates**

Panagoutsos S, Kantartzi K, Passadakis P, Yannatos E, Mourvati E, Theodoridis M, Kriki P, Thodis E, Vargemezis V

*CLINICAL NEPHROLOGY 2006 Jan;65(1):43-47*

**19. Tuberculous spondylitis in patients with end-stage renal disease undergoing chronic hemodialysis therapy**

Verettas DJ, Ververidis AN, Boyiatzis C, Panagoutsos S, Galanis V, Passadakis P, Kazakos K, Vargemezis V

*CLINICAL NEPHROLOGY 2006 Apr;65(4):299-302*

**20. Urological management of indinavir-associated acute renal failure in HIV-positive patients**

C. Kalaitzis, P. Passadakis, S. Giannakopoulos, S. Panagoutsos, E. Mpantis, A. Triantafyllidis, S. Touloupidis, V. Vargemezis

*INTERNATIONAL UROLOGY AND NEPHROLOGY 2007, 39: 743-746*

**21. Homecare telematics for peritoneal dialysis**

Kaldoudi, E., Passadakis, P., Panagoutsos, S., Vargemezis, V.

*JOURNAL ON INFORMATION TECHNOLOGY IN HEALTHCARE 2007, Vol 5, Issue 6, pp: 372-378*

**22. The Alteration of Dialysate Cancer Antigen 125 Concentration Under a Biocompatible Bicarbonate Peritoneal Dialysis Solution and the Preservation of the Mesothelial Cell Viability**

Theodoridis M., Passadakis P., Kriki P., Gioka T., Panagoutsos S., Mourvati E., Thodis E., Kantartzi K., Vargemezis V.

*RENAL FAILURE 30 (2): 161 - 167, 2008*

**23. Surgical revision of complicated false and true vascular access-related aneurysms**

George S. Georgiadis, Miltos K. Lazarides, Stelios A. Panagoutsos, Konstantia M. Kantartzi, Constantinos D. Lambidis, Dimitrios N. Stamos, Vassilios A. Vargemezis

*JOURNAL VASCULAR SURGERY 2008;47:1284-91*

**24. Acute Exercise May Exacerbate Oxidative Stress Response in Hemodialysis Patients**



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Ioannis G. Fatouros, Ploumis Pasadakis, Apostolos Sovatzidis, Athanasios Chatzinikolaou, Stylianios Panagoutsos, Dimitrios Sivridis, Ioannis Michailidis, Ioannis Douroudos, Kiriakos Taxildaris, Vasilios Vargemezis

*NEPHRON CLIN PRACT 2008;109:c55–c64*

**25. Unexpectedly high incidence of brucellosis in one university dialysis unit of North East Greece.**

Kantartzi K, Panagoutsos S, Kokkinou V, Passadakis P, Vargemezis V.

*NEPHROL DIAL TRANSPLANT 2009 Jun;24(6):2003-4.*

**26. A tumor-like manifestation of extrapulmonary tuberculosis in a hemodialysis patient**

Kriki P, Thodis E, Deftereos S, Panagoutsos S, Theodoridis M, Kantartzi K, Mourvati E, Prassopoulos P, Passadakis P, Vargemezis V

*CLINICAL NEPHROLOGY 2009 Jun;71(6):714-8*

**27. Pivotal role of paricalcitol in the treatment of calcific uremic arteriolopathy in the presence of a parathyroid adenoma.**

Vargemezis V, Liakopoulos V, Kriki P, Panagoutsos S, Leontsini M, Passadakis P, Thodis E.

*AMERICAN JOURNAL OF KIDNEY DISEASE 2010 Jan;55(1):144-7*

**28. Chromosome Instability in Patients with Chronic Renal Failure**

Theodoros Lialiaris, Polyxeni Mavromatidou, Evangelos Digkas, Theoktisti Passadaki, Panagiotis Mpountoukas, Stylianios Panagoutsos, and Vassilios Vargemezis

*GENETIC TESTING AND MOLECULAR BIOMARKERS 2010 14(1):37-41*

**29. L-carnitine Effects on Oxidative Stress Responses in Patients With Renal Disease**

Fatouros IG, Douroudos I, Panagoutsos S, Pasadakis P, Nikolaidis MG, Chatzinikolaou A, Sovatzidis A, Michailidis Y, Jamurtas AZ, Mandalidis D, Taxildaris K, Vargemezis V

*MEDICINE & SCIENCE IN SPORTS & EXERCISE. 2010 42(10):1809-1818*

**30. Brucellosis in dialysis patients. Does it exist?**

Kantartzi K, Panagoutsos S, Kokkinou V, Alepopoulou E, Mourvati E, Passadakis P, Vargemezis V

*CLINICAL NEPHROLOGY 2010 Apr;73(4):309-13*

**31. Complement anaphylatoxin C5a contributes to hemodialysis-associated thrombosis.**

Kourtzelis I, Markiewski MM, Doumas M, Rafail S, Kambas K, Mitroulis I, Panagoutsos S, Passadakis P, Vargemezis V, Magotti P, Qu H, Mollnes TE, Ritis K, Lambris JD.

*BLOOD 2010 JUL 29;116(4):631-9*

**32. A hybrid approach to salvage a failing long-standing autogenous aneurysmal fistula in a hemodialysis patient.**

Georgiadis GS, Nikolopoulos E, Papanas N, Mourvati E, Panagoutsos S, Lazarides MK.

*INT J ARTIF ORGANS. 2010 NOV; 33(11):819-23*

**33. Metformin-related lactic acidosis in patients with acute kidney injury**

Devetzis V, Passadakis P, Panagoutsos S, Theodoridis M, Thodis E, Georgoulidou A, Vargemezis V.

*INT UROL NEPHROL. 2011 DEC;43(4):1243-8*

**34. Can dialysis modality influence quality of life in chronic hemodialysis patients?**

**Low-flux hemodialysis versus high-flux hemodiafiltration: a cross-over study**

Kantartzi K, Panagoutsos S, Mourvati E, Roumeliotis A, Leivaditis K, Devetzis V, Passadakis P, Vargemezis V

*REN FAIL. 2013;35(2):216-21*

**35. Vascular access for hemodialysis: postoperative evaluation and function monitoring**

Leivaditis K, Panagoutsos S, Roumeliotis A, Liakopoulos V, Vargemezis V.

*INT UROL NEPHROL. 2014 FEB;46(2):403-9*

**36. Correlation of pre-existing radial artery macrocalcifications with late patency of primary radiocephalic fistulas in diabetic hemodialysis patients**

Georgiadis GS, Georgakarakos EI, Antoniou GA, Panagoutsos S, Argyriou C, Mourvati E, Passadakis P, Lazarides MK

*J VASC SURG. 2014 AUG;60(2):462-70*

**37. Ambulatory aortic blood pressure, wave reflections and pulse wave velocity are elevated during the third in comparison to the second interdialytic day of the long interval in chronic haemodialysis patients**

Koutroumbas G, Georgianos PI, Sarafidis PA, Protogerou A, Karpetas A, Vakianis P, Raptis V, Liakopoulos V, Panagoutsos S, Syrganis C, Passadakis P

*NEPHROL DIAL TRANSPLANT. 2015 DEC 30(12):2046-53*

**38. Low T3 syndrome and long-term mortality in chronic hemodialysis patients**

Fragidis S, Sombolos K, Thodis E, Panagoutsos S, Mourvati E, Pikilidou M, Papagianni A, Pasadakis P, Vargemezis V

*WORLD J NEPHROL. 2015 JUL 6;4(3):415-22*

**39. Chronic renal failure, diabetes mellitus type-II, and gestation: an overwhelming combination**

Kontomanolis EN, Panagoutsos S, Pasadakis P, Koukouli Z, Liberis A

*CLIN EXP OBSTET GYNECOL. 2016;43(2):276-8*

**40. Comparison of multiple fluid status assessment methods in patients on chronic hemodialysis**

Alexiadis G, Panagoutsos S, Roumeliotis S, Stibiris I, Markos A, Kantartzi K, Passadakis P.

*INT UROL NEPHROL. 2017 MAR;49(3):525-532*

**41. Matrix Gla protein T-138C polymorphism is associated with carotid intima media thickness and predicts mortality in patients with diabetic nephropathy**

Roumeliotis S, Roumeliotis A, Panagoutsos S, Giannakopoulou E, Papanas N, Manolopoulos VG, Passadakis P, Tavridou A.

*J DIABETES COMPLICATIONS. 2017 OCT;31(10):1527-1532*