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Επίκουρος Καθηγητής Οφθαλμολογίας

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Προσωπικά Στοιχεία

Τόπος γέννησης: Ελλάδα, 1970. Γλώσσες: Ελληνικά-Αγγλικά, Καλή γνώση Αγγλικών και Ουγγρικών.

Επαγγελματική Εμπειρία

Αγροτικό

Ιούνιος 1996 – Ιούνιος 1997

Αγροτικό στο Ιατρικό Κέντρο Μύλου

Ειδικευόμενος

Ιούνιος 1999 – Ιούνιος 2003

Ειδικευόμενος στο τμήμα Οφθαλμολογίας στο Γενικό Νοσοκομείο Πατησίων

Ειδικός Οφθαλμίατρος

Ιανουάριος 2004 – Ιανουάριος 2005

Ειδικός Οφθαλμίατρος στο τμήμα Οφθαλμολογίας στο Γενικό Νοσοκομείο Πατησίων

Επιμελητής

Ιανουάριος 2006 – Μάιος 2008

Επιμελητής Οφθαλμολογίας, Επικεφαλής Τμήματος Γλαυκώματος, Πανεπιστημιακό Νοσοκομείο Λάρισας.

Λέκτορας

Μάιος 2008 – Αύγουστος 2012

Λέκτορας Οφθαλμολογίας, Επικεφαλής Τμήματος Κερατοειδή, Δημοκρίτειο Πανεπιστήμιο Θράκης

Επίκουρος Καθηγητής

Αύγουστος 2012 – σήμερα

Επίκουρος Καθηγητής, Επικεφαλής του Τμήματος Κερατοειδή, Δημοκρίτειο Πανεπιστήμιο Θράκης

Εκπαίδευση

Ιατρική Σχολή

1995

Semmelweis University, HU

Μεταπτυχιακές Σπουδές (Master of Science)

2003

University of California (Santa Ana), USA

Διδακτορικό (Doctor of Philosophy)

2005

Πανεπιστήμιο Ιωαννίνων

Μετεκαπίδευση (Clinical / Research Fellowship)

2012

University of Saarland, DE

International Publications (H-index:9)

1. Labiris G, Coertzen I, Katsikas A, Karydis A, Petounis A, An eight-year study of internet-based remote counseling. *Journal of Telemedicine and Telecare*. 2002;8:222-25
2. Labiris G, Petounis A, Tranopoulos I, Myrilides A, Lentaris G, Spiliotis M. The impact of technical/technological background of the medical and paramedical staff on the efficiency of a digital Medical Information System introduced at a State Hospital Department. *Health Information Management Journal*. 2002;31
3. Labiris G, Petounis A, Kitsos G, Aspiotis A, Psillas K, Quality gap, quality of worklife and their impact on the performance of an ophthalmologic department. *Journal of Medical Marketing* 2002;1:49-55
4. Labiris G, Petounis A, Kitsos G, Aspiotis M, Psillas K. Internet-based counseling of remote ophthalmologic patients. *Acta Ophthalmologica Scandinavica*. 2003;1:86-8
5. Labiris G, Petounis A, Kitsos G, Aspiotis M, Psillas K. The impact of motivation on healthcare services. *British Journal of Healthcare Management*. 2003;7:243-248
6. Labiris G, Papadopoulos G, Petounis A. Strategic responses of pharmaceutical companies and healthcare organizations to maintain competitive advance in the cataract market. *Journal of Medical Marketing* 2003;3:189-193
7. Labiris G, Fanariotis M, Christoulakis C, Petounis A, Kitsos G, Aspiotis M, Psillas K, Tele-ophthalmology & conventional ophthalmology using a mobile medical unit in remote Greece. *Journal of Telemedicine & Telecare* 2003;9:296-299
8. Labiris G, Dogramatzis D. The emerging homecare market in Greece. A prospective economic model for the development of a reimbursement policy by insurance funds. *Journal of Medical Marketing* 2004;1:39-45
9. Labiris G, Papadopoulos G, Lentaris G, Drakakis A, Kafentzi M. Internet-based medical counseling to orthopedic patients. *Acta Orthopédica Scandinavica* 2004;3:366-7
10. Labiris G, Papadopoulos G, Lentaris G, Tranopoulos I, Drakakis A. Information Technology's contribution to the continuum of healthcare for uninsured and underserved populations. *Journal of Information Technology in Healthcare* 2003;6:439-446
11. Labiris G, Petounis A. A framework to assess readiness for tele-ophthalmology in remote glaucoma populations. *Journal of Telemedicine & Telecare* 2004;3:184-5
12. Labiris G, Petounis A, Niakas D. Motivation and Teleophthalmology. *Journal of Telemedicine & Telecare* 2004;4:245-6
13. Labiris G, Disease management. Principles and perceptions: Lessons from CHF in the European Union. *Journal of Medical Marketing* 2004;2:168-172
14. Labiris G, Tsitlakidis G, Niakas D. Retrospective economic evaluation of the Hellenic Air-Force teleconsultation project. *Journal of Medical Systems* 2005;5:493-500
15. Labiris G, Niakas D. Demand Management and the European healthcare market integration. *Journal of Medical Marketing* 2005;5:32-35
16. Labiris G, Voutsina A, Niakas D. Preliminary evaluation of the school smoking prevention policy in

Greece. *European Journal of Public Health* 2005;3:329-330

17. Labiris G, Niakas D. Patient satisfaction surveys as a marketing tool for Greek NHS hospitals. *Journal of Medical Marketing* 2005;7:324-3
18. Kontodimopoulos N, Bellali T, Labiris G, Niakas D. Investigating sources of inefficiency in residential mental health facilities. *Journal of Medical Systems*. 2006;3:169-76
19. Labiris G, Katsanos A, Fanariotis M, Tsirouki T, Pefkianaki M, Chatzoulis D, Tsironi E. Psychometric properties of the Greek version of the NEI-VFQ 25. *BMC Ophthalmol*. 2008 Mar 6;8:4
20. Katsanos A, Labiris G, Pefkianaki M, Fanariotis M, Chatzoulis D. The relationship between Rarebit perimetry and OCT-derived retinal fibre layer thickness measurements in glaucoma. *Acta Ophthalmol*. 2008 Dec;86(8):871-6
21. Labiris G, Gitona K, Drosou V, Niakas D. A proposed instrument for the assessment of job satisfaction in Greek mental NHS hospitals. *J Med Syst*. 2008 Aug;32(4):333-41
22. Labiris G, Katsanos A, Karapetsa M, Mpanaka I, Chatzoulis D. Association between isotretinoin use and central retinal vein occlusion in an adolescent with minor predisposition for thrombotic incidents: a case report. *J Med Case Reports*. 2009 Feb 10;3:58
23. Labiris G, Katsanos A, Fanariotis M, Zacharaki F, Chatzoulis D, Kozobolis VP. Vision-specific quality of life in Greek glaucoma patients. *J Glaucoma*. 2010 Jan;19(1):39-43
24. Labiris G, Gkika M, Katsanos A, Fanariotis M, Alvanos E, Kozobolis V. Anterior chamber volume measurements with Visante optical coherence tomography and Pentacam: repeatability and level of agreement. *Clin Experiment Ophthalmol*. 2009 Nov;37(8):772-4
25. Kozobolis VP, Glynatsis M, Labiris G, Katsanos A, Fanariotis M, Koukoula S, Alvanos S, Toufexis G. Retinal nerve fiber layer thickness in patients with exfoliation, exfoliative glaucoma, and primary open angle glaucoma. *Eur J Ophthalmol*. 2010 Jan-Feb;20(1):142-8
26. Kozobolis V, Labiris G, Gkika M, Sideroudi H, Kaloghianni E, Papadopoulou D, Toufexis G. UV-A Collagen Cross-Linking Treatment of Bullous Keratopathy Combined With Corneal Ulcer. *Cornea*. 2010 Feb;29(2):235-8
27. Labiris G, Giarmoukakis A, Katsanos A, Gkika MG, Fanariotis M, Pavlidou E, Kozobolis VP. Reproducibility of OCT/SLO measurements in healthy eyes. *Eur J Ophthalmol*. 2010 May-Jun;20(3):552-8
28. Aristeidou AP, Labiris G, Paschalis EI, Foudoulakis NC, Koukoula SC, Kozobolis VP. Evaluation of the retinal nerve fiber layer measurements, after photorefractive keratectomy and laser in situ keratomileusis, using scanning laser polarimetry (GDx VCC) *Graefes Arch Clin Exp Ophthalmol*. 2010 May;248(5):731-6
29. Aristeidou AP, Labiris G, Katsanos A, Fanariotis M, Foudoulakis NC, Kozobolis VP. Comparison between Pascal dynamic contour tonometer and Goldmann applanation tonometer after different types of refractive surgery. *Graefes Arch Clin Exp Ophthalmol*. 2011 May;249(5):767-73
30. Kozobolis VP, Paschalis EI, Foudoulakis NC, Koukoula SC, Labiris G. The digital aqueous humor outflow meter: an alternative tool for screening of the human eye outflow facility. *Clin Ophthalmol*. 2010 Sep 7;4:937-45
31. Kozobolis VP, Kalogianni E, Katsanos A, Dardabounis D, Koukoula S, Labiris G. Ocular decompression retinopathy after deep sclerectomy with mitomycin C in an eye with exfoliation glaucoma. *Eur J Ophthalmol*. 2011 May-Jun;21(3):324-7

32. Kozobolis V, Labiris G, Gkika M, Sideroudi H. Additional applications of corneal cross linking. *Open Ophthalmol J*. 2011 Feb 11;5:17-8
33. Labiris G, Kaloghianni E, Koukoula S, Zissimopoulos A, Kozobolis VP. Corneal melting after collagen cross-linking for keratoconus: a case report. *J Med Case Reports*. 2011 Apr 16;5:152
34. Gkika MG, Labiris G, Kozobolis VP. Tonometry in keratoconic eyes before and after riboflavin/UVA corneal collagen crosslinking using three different tonometers. *Eur J Ophthalmol*. 2012 Mar-Apr;22(2):142-52
35. Labiris G, Sideroudi H, Giarmoukakis A, Koukoula S, Pagonis G, Kozobolis VP. Evaluation of the difference between intended and measured ablation and its impact on refractive outcomes of the wavefront optimize profile and the S001 Wellington nomogram in myopic spherocylindrical corrections. *Clin Experiment Ophthalmol*. 2012 Mar;40(2):127-33
36. Labiris G, Giarmoukakis A, Larin R, Gkika MG, Kozobolis VP. The clinical significance of glaucoma-related Quality of Life studies. *Clin Experiment Ophthalmol*. 2012 May-Jun;40(4):e235-6
37. Gkika M, Labiris G, Kozobolis V. Corneal collagen cross-linking using riboflavin and ultraviolet-A irradiation: a review of clinical and experimental studies. *Int Ophthalmol*. 2011 Aug;31(4):309-19
38. Labiris G, Giarmoukakis A, Fanariotis M, Kozobolis VP. The Eye Institute of Thrace Glaucoma Progression Diagram (EIT-GPD): incorporating the relationship between visual acuity and visual fields. *Clin Experiment Ophthalmol*. 2012 May-Jun;40(4):e229-30
39. Labiris G, Gkika MG, Giarmoukakis A, Sideroudi H, Kyrtzoglou K, Kozobolis VP. Psychometric properties of the Greek NEI-RQL-42. *Eur J Ophthalmol*. 2011 2012 May-Jun;22(3):466-76
40. Paschalis EI, Labiris G, Aristeidou AP, Foudoulakis NC, Koukoula SC, Kozobolis VP. Laser in situ keratomileusis flap-thickness predictability with a pendular microkeratome. *J Cataract Refract Surg*. 2011 Dec;37(12):2160-6
41. Labiris G, Katsanos A, Fanariotis M, Koutsogianni A, Giarmoukakis A, Chatzoulis D, Kozobolis VP. A proposed methodology for the assessment of glaucoma awareness in Greece: introduction of the EIT-8G scale. *Eur J Ophthalmol*. 2012 Jan;22(1):95-103
42. Gkika M, Labiris G, Giarmoukakis A, Koutsogianni A, Kozobolis V. Evaluation of corneal hysteresis and corneal resistance factor after corneal cross-linking for keratoconus. *Graefes Arch Clin Exp Ophthalmol*. 2012 Apr;250(4):565-73
43. Labiris G, Giarmoukakis A, Sideroudi H, Gkika M, Fanariotis M, Kozobolis V. Impact of Keratoconus, Cross-Linking and Cross-Linking Combined With Photorefractive Keratectomy on Self-Reported Quality of Life. *Cornea*. 2012 Jul;31(7):734-9
44. Kozobolis V, Paschalis EI, Labiris G, Foudoulakis NC, Kostantinides A, Koukoula SC. Tonography assessment using quantitative and qualitative analysis of the aqueous humor outflow mechanism. *Eur J Ophthalmol*. 2012 Sep-Oct;22(5):726-33
45. Labiris G, Gatzoufas Z, Giarmoukakis A, Sideroudi H, Kozobolis V. Evaluation of the efficacy of the Allegretto Wave and the Wavefront-optimized ablation profile in non-anterior astigmatism. *Acta Ophthalmol*. 2012 Sep;90(6):e442-6
46. Kozobolis V, Sideroudi H, Giarmoukakis A, Gkika M, Labiris G. Corneal biomechanical properties and anterior segment parameters in forme fruste keratoconus. *Eur J Ophthalmol*. 2012 Jul 3;22(6):920-930
47. Labiris G, Giarmoukakis A, Sideroudi H, Bougatsou P, Lazaridis I, Kozobolis VP. Variability in Scheimpflug image-derived posterior elevation measurements in keratoconus and collagen-


crosslinked corneas . *J Cataract Refract Surg.* 2012 Sep;38(9):1616-256

48. Gatzoufas Z, Labiris G, Stachs O, Hovakimyan M, Schnaidt A, Viestenz A, Käsmann-Kellner B, Seitz B. Biomechanical profile of the cornea in primary congenital glaucoma. *Acta Ophthalmol.* 2013 Feb;91(1):e29-34
49. Labiris G, Troeber L, Gatzoufas Z, Stavridis E, Seitz B. Bilateral Fusarium oxysporum keratitis after laser in situ keratomileusis. *J Cataract Refract Surg.* 2012 Nov;38(11):2040-46
50. Labiris G, Gatzoufas Z, Giarmoukakis A, Sideroudi H, Kozobolis VP. Liquefaction versus torsional IP: a comparative study on endothelial cells, corneal edema and corneal sensitivity. *Ophthalmic Res.* 2013;49(1):37-42
51. Gatzoufas Z, Labiris G, Mauer B, Zemova E, Eppig T, Langenbacher A, Seitz B. Elevated intraocular pressure in the early postoperative period following excimer laser penetrating keratoplasty for keratoconus. *Ophthalmic Surg Lasers Imaging.* 2012 Nov-Dec;43(6):467-71
52. Labiris G, Gatzoufas Z, Sideroudi H, Giarmoukakis A, Kozobolis V, Seitz B. Biomechanical diagnosis of keratoconus: evaluation of the keratoconus match index and the keratoconus match probability. *Acta Ophthalmol.* 2013 Jun;91(4):e258-62
53. Giarmoukakis A, Labiris G, Sideroudi H, Tsimali Z, Koutsospyrou N, Avgoustakis K, Kozobolis V. Biodegradable nanoparticles for controlled subconjunctival delivery of latanoprost acid: In vitro and in vivo evaluation. Preliminary results. *Exp Eye Res.* 2013 Apr 18;112C:29-36
54. Sideroudi H, Labiris G, Giarmoulakis A, Bougatsou N, Mikropoulos D, Kozobolis V. Repeatability, reliability and reproducibility of posterior curvature and wavefront aberrations in keratoconic and cross-linked corneas. *Clin Exp Optom.* 2013 Apr 25 (epub)
55. Pakpour AH, Zeidi IM, Saffari M, Labiris G, Fridlund B. Psychometric properties of the national eye institute refractive error correction quality-of-life questionnaire among Iranian patients. *Oman J Ophthalmol.* 2013 Jan;6(1):37-43
56. Labiris G, Giarmoukakis A, Sideroudi H, Kozobolis V. Impact of keratoconus, cross-linking and cross-linking combined with topo-guided photorefractive keratectomy on self-reported quality of life. A three-year update. *Cornea.* 2013; in press

Certified Fellowships

University of Saarland. I completed a clinical and research fellowship at the Dept. of Ophthalmology at the University of Saarland, Homburg/Saar, Germany (Prof: Berthold Seitz) from 1st of October 2011 until 29th of February 2012. Primary objectives of my fellowship were: 1) Training in contemporary corneal transplantation methods (Laser-assisted penetrating keratoplasty, femto-second-assisted penetrating keratoplasty, endothelial keratoplasties), 2) Training in femto- second-assisted refractive surgery, 3) Training in contemporary management of a certified Eye Bank. Among my research duties was the active participation in a series of research projects; the outcome of these projects resulted in relevant scientific publications

Clinical Experience

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1. **2006 - 2008** Consultant of Ophthalmology at the University Hospital of Larissa (Greece) [Director: Prof Dimitrios Chatzoulis]. Primary clinical duties included: Supervisor of the outpatient cataract & glaucoma services and full anterior-segment surgical duties [Cataract (over 1000 Phacoemulsifications performed, Glaucoma (over 100 trabs / valves / SLTs / ALTs performed, and all minor surgeries ie. intraocular injections, eyelid surgeries, etc)].
 2. **2008 - present** Head of the Cornea and Refractive Surgery services at the University Hospital of Alexandroupolis (Greece) [Director: Prof Vassilios Kozobolis]. Primary clinical duties included: Overall coordination of cornea and refractive surgery services and full anterior-segment surgical duties [LASIK, PRK, Femto-LASIK, CxL, combined-PRK and CxL, penetrating Keratoplasties, monovision cataract extraction, aqualase cataract extraction, phacoemulsification, and all kinds of glaucomas] (over 3000 surgeries performed).