

## Curriculum Vitae

| General Information               |   |
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| Name                              | <b>Birbilis A. Theodossios</b>  |
| Rank/Title                        | Assistant Professor   |
| Topic/Specialty                   | Neurosurgery  |
| Department                        | Department of Neurosurgery  |
| Office                            | University Hospital of Alexandroupolis<br>A block, 1 <sup>st</sup> floor, office 38.22  |
| Phone                             | +30-25510-75229   |
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| Email                             | birbilis@med.duth.gr  |
| Research Interests                | Cerebro-vascular Malformations, Neuro-oncology, Development of Stereotactic Devices, Spinal microsurgery, Trigeminal neuralgia, Neuronavigation   |
| Teaching                          | "Neurosurgery" in 10 <sup>th</sup> Semester for undergraduate medical students of Democritus University Medical School<br><br>"The influence of work conditions on degenerative process of lumbar spine" in Program of postgraduate studies (MSc) - Health and Safety in Workplaces of Democritus University Medical School   |
| Link to personal webpage          | <a href="http://neurosurgerythrace.blogspot.com">http://neurosurgerythrace.blogspot.com</a>   |
| Detailed Biographical Information |   |
| Education                         | 1998, Ph.D. in Medicine, University of Georg-August, Göttingen, Germany<br>1988, Degree in Medicine, University of Cluj-Napoca, Romania   |
| Scientific Experience             | <ul style="list-style-type: none"> <li>• Neuronavigation and image guided Neurosurgery</li> <li>• Operative microneurosurgical techniques</li> </ul>  |
| Research Work                     | The use of Holmium: YAG-Laser in Neurosurgery   |
| Publications                      | <ol style="list-style-type: none"> <li>1. G Tsivgoulis, I Heliopoulos, K Vadikolias, <b>T Birbilis</b>, C Piperidou. Subclavian steal syndrome secondary to Takayasu Arteritis in a young female Caucasian patient. <b>Journal of the Neurological Sciences</b>. 2010 in press. *</li> <li>2. G Matis, <b>T Birbilis</b>. Satisfaction survey of Greek inpatients with brain cancer. <b>J BUON</b> 2010; 15(1):157-163. *</li> <li>3. <b>T Birbilis</b>, G Matis, S Eleftheriadis, E Theodoropoulou, E Sivridis. Spinal metastasis of glioblastoma multiforme. An uncommon suspect ? <b>Spine</b> 2010;35 (7):264-269. *</li> </ol> |

4. A Zissimopoulos, **T Birbilis**, D Cassimos, S Deftereos, E Karathanos, A Chatzimichael, P Prassopoulos. External re-programmation by a new radionuclidic technique of electronic cerebrospinal fluid valve in case of hydrocephalus. **Hell J Nucl Med.** 2009;12(3):244-247. \*
5. **T Birbilis**, E Theodoropoulou, G Matis. Spontaneous externalization of peritoneal catheter minal wall in a patient with hydrocephalus: a case report. **Cases J.** 2009; 16(2):6898. \*
6. **T Birbilis**, P Zezos, N Liratzopoulos, A Oikonomou, M Karanikas, K Kontogianidis, G Kouklakis. Spontaneous bowel perforation complicating ventriculoperitoneal shunt: a case report. **Cases J.** 2009; 7(2):8251. \*
7. G Matis, **T Birbilis**, O Chrysou. Patient satisfaction questionnaire and quality achievement in hospital care: the case of a Greek public university hospital. **Health Serv Manage Res.** 2009;22(4):191-196. \*
8. K Vadikolias, G Tsivgoulis, I Heliopoulos, M Papaioakim, C Aggelopoulos, A Serdari, **T Birbilis**, C Piperidou. Incidence and case fatality of subarachnoid haemorrhage in Northern Greece: the Evros Registry of Subarachnoid Haemorrhage **Int J Stroke.** 2009;4(5):322-327. \*
9. G. Matis, **Th. Birbilis**, K. Kontogianidis. Glasgow coma scale and APACHE II system data-are they normally distributed?. **Chirurgia** 2009; 104 (1): 73-78 . \*
10. G. Matis, **Th. Birbilis**. Poor relation between Glasgow coma scale and survival after head injury. **Medical Science Monitor** 2009;15(2):CR62-65 . \*
11. G. Matis, **Th. Birbilis**. Erythropoietin in spinal cord injury. **Eur Spine J** 2009;18(3): 314-323. \*
12. **Th. Birbilis**, D. Koulalis, G. Matis, E Theodoropoulou, K. Papaparaskeva. Microsurgical muscle-splitting approach for extracanalicular lumbar disc herniation: An analysis of 28 consecutive cases. **Acta Orthop. Belg.** 2009; (75):70-74 . \*
13. G. Matis, **Th. Birbilis**. The Glasgow Coma Scale – a brief review. Past, present, future. **Acta Neurol. Belg.** 2008;(108): 75-89 . \*
14. K. Vadikolias, I. Heliopoulos, G. Tsivgoulis, M. Papaioakim, C. Aggelopoulos, **Th. Birbilis**, K. Kontogianidis, C. Piperidou. Incidence rates of intracerebral and subarachnoid hemorrhage: First results from the Evros-Intra registry. **Cerebrovasc Dis** 2008; 25 (suppl 2): 150.
15. **Th. Birbilis**, A. Shakal, V. Bockermann. A new “ γ – extension “ device for the Brown-Roberts-Wells Arc System allowing full lateral stereotactic approaches. **Minimally Invasive Neurosurgery** 2008; (51):247-248. \*
16. **Th. Birbilis**, K. Kontogianidis, G. Matis, E. Theodoropoulou, E. Efremidou, P. Argyropoulou. Intraperitoneal cerebrospinal fluid pseudocyst. A rare complication of ventriculoperitoneal shunt. **Chirurgia** 2008;103 (3): 365-367 . \*
17. **Th. Birbilis**, E Karathanos, A. Zissimopoulos. A rare spontaneous cerebrospinal fluid rhinorrhea of long duration due to infection, detected by <sup>99m</sup> Tc-DTPA. **Hellenic Journal of Nuclear Medicine** 2007;10(3): 189 . \*
18. A Oikonomou, **Th. Birbilis**, G. Gimnopoulos, P Prassopoulos. Paget's disease of the spine manifested by thoracic and lumbar epidural lipomatosis : MRI findings. **Spine** 2007;(25): 789-792 . \*
19. **Th. Birbilis**, E Theodoropoulou, D Koulalis. Forefoot Complaints-the Morton's Metatarsalgia. The role of MR Imaging. **Acta Medica** 2007;50(3): 221-222 . \*
20. **Th. Birbilis**, G. Matis, E Theodoropoulou. Spontaneous regression of a lumbar disc herniation: Case report. **Medical Science Monitor** 2007;(13):121-123 . \*
21. G. Matis, **Th. Birbilis**. Posterior communicating artery aneurysm – induced third nerve palsy: clipping or coiling?. **Folia Medica** 2006; (48): 90-92 . \*

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|               | <p>22. <b>Th. Birbilis.</b> Ulcus terebrans: an unusual cause of paraparesis. <b><i>Journal of Neurology, Neurosurgery &amp; Psychiatry</i></b> 2003; (74): 1643. *</p> <p>23. <b>Th. Birbilis</b>, V. Bockermann, E. Markakis. A Pair of Clamps for a Safe Removing and Repositioning of <math>\beta</math> and <math>\gamma</math> Angular Settings of Brown-Roberts-Wells Stereotactic System during Operation. <b><i>Minimally Invasive Neurosurgery</i></b> 2001; (44):47-49. *</p> <p>24. <b>Th. Birbilis</b> Scalp marking for a craniotomy using a laser pointer during preoperative computed tomographic imaging. Technical note <b><i>Neurosurgery</i></b> 2001; (48):1191-1193. *</p> <p>25. <b>Th. Birbilis</b>, H.C. Ludwig, E. Markakis. Neuropathy of the sural nerve caused by external pressure. <b><i>Acta Neurochirurgica</i></b> 2000;(142): 951-952 *</p> <p>26. <b>Th. Birbilis</b>, V. Bockermann. A new forceps for the safe and easier insertion of subdural catheter. <b><i>Acta Neurochirurgica</i></b> 1998; (140): 721-722. *</p> <p>27. H.C. Ludwig, C. Bauer, P. Fuhrberg, H.H. Teichmann, <b>Th. Birbilis</b>, E. Markakis. Optimized evaluation of a pulsed 2.09 mm Holmium: YAG laser impact on the rat brain and 3d-histomorphometry of the collateral damage. <b><i>Minimally Invasive Neurosurgery</i></b> 1998;(4):217-222. *</p> <p>28. V. Bockermann. <b>Th. Birbilis</b>, E. Markakis. MiniMATCH - A Simple method for local data transfer between MRI and CT Scan Sets. <b><i>Minimally Invasive Neurosurgery</i></b> 1998; (41): 58-62. *</p> <p>29. <b>Th. Birbilis</b>, V. Bockermann, E. Markakis. Determination of the Burrhole-Site using the BRW-Stereotactic system. A simple marking technique. <b><i>Minimally Invasive Neurosurgery</i></b> 1997; (40): 27-29. *</p> <p>30. <b>Th. Birbilis</b>, E. Theodoropoulou. A. Birbili, S. Dimas, V. Leoutsakos. A Preliminary report on use of relon mesh in the repair of eventrations with large parietal defects. An experimental study in rats. <b><i>Journal of International Medical Research</i></b> 1997; (25): 135-140. *</p> <p>31. G. Panos, H. Giambrellou, G. Papazachos, <b>Th. Birbilis</b>, P. Toutouzas. Greek physicians' and dentists' compliance with the British society for antimicrobial chemotherapy (BSAC) guidelines for preventing bacterial endocarditis. <b><i>Journal of Chemotherapy</i></b> 1996;(8): 270-277. *</p> <p>32. <b>Th. Birbilis</b>. Relon mesh offers cheap alternative for repair of large abdominal wall defects. <b><i>Biomedical Materials</i></b> 1997;(25): 140.</p> <p>33. <b>Th. Birbilis</b>, I. Almasu. Central intraventricular neurocytoma. Diagnosis and therapy. Case report. <b><i>Clujul Medical</i></b> 1997;(1): 61-64.</p> <p>34. <b>Th. Birbilis</b>, H. Ludwig, E. Markakis. Retrospective 4-Year-Period Investigation of Blood Ordering Practices and Blood Use for Neurosurgical Procedures. <b><i>Zentralblatt für Neurochirurgie</i></b> 1995;(Suppl. ):32.</p> |
| Clinical Work | <p>1989 -1998: Residency Training in Neurosurgery<br/>           Department of Neurosurgery, Georg-August University of Göttingen Medical School<br/>           University Hospital of Göttingen, Germany</p> <p>1996: Certified Advanced Trauma Life Support (A.T.L.S)<br/>           American College of Surgeons</p> <p>1997: Board - German Board of Emergency Medicine – “Rettungsmedizin”<br/>           Medical Council of Low Saxony, Hanover, Germany</p> <p>1998: Board Certified - German Board of Neurosurgery – “Facharzt fuer Neurochirurgie”<br/>           Medical Council of Low Saxony, Hanover, Germany</p>  |

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|               | <p>1998 -2005: Consultant Neurosurgeon:</p> <ol style="list-style-type: none"> <li>1) Neurosurgical Department, University Hospital of Göttingen, Germany</li> <li>2) Neurosurgical Department, Central Hospital Reinkenheide, Bremerhaven, Germany</li> <li>3) Neurosurgical Department, Central Hospital St.-Jürgen-Str., Bremen, Germany</li> </ol> <p>2005 - : Assistant Professor of Neurosurgery and Head<br/>Department of Neurosurgery, Democritus University of Thrace Medical School<br/>University Hospital of Alexandroupolis, Greece</p> |
| R&D Projects  | EURO-THERM 32-35  |
| Miscellaneous | <p>Member:</p> <ul style="list-style-type: none"> <li>German Neurosurgical Society</li> <li>German Society of Spinal Surgery</li> <li>British General Medical Council</li> <li>Hellenic Neurosurgical Society</li> <li>Hellenic Society of Trauma</li> </ul> <p>Foreign Languages:</p> <ul style="list-style-type: none"> <li>German, English, Romanian</li> </ul>  |